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BECOMING FULLY HUMAN

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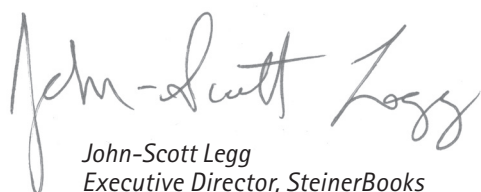
This year we're featuring only the newest (and soon-to-be-released) titles from SteinerBooks and our imprints (Lindisfarne Books, Bell Pond Books, and Portal Books) and our UK and US affiliates (Adonis Press, Floris Books, Hawthorn Press, Rudolf Steiner Press, Temple Lodge, and Wynstones Press).

SteinerBooks (Anthroposophic Press) is a non-profit publisher and distributor of books dedicated to improving the world's situation by making available, for a wide readership, the works of Rudolf Steiner in definitive, well-edited translations, as well as works emerging from his insights and initiative, or related to them by virtue of their universally human impulse toward healing our contemporary individual and societal ills, through loving action and rigorous, original, independent thinking.

We hope you find something you are glad to see.

Do stay in touch. Questions, comments, suggestions, and also complaints are always welcome.

With well wishes for the year ahead and faith and hope in the ultimate goodness of humanity,



John-Scott Legg
Executive Director, SteinerBooks

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New in the Collected Works

Rudolf Steiner

Becoming Fully Human

The Significance of Anthroposophy in Contemporary Spiritual Life

Rudolf Steiner

Introduced by Clifford Venho • Translated by Jeff Martin

6 lectures at The Hague, April 7–12, 1922;
Report by Rudolf Steiner on the course (CW 82)

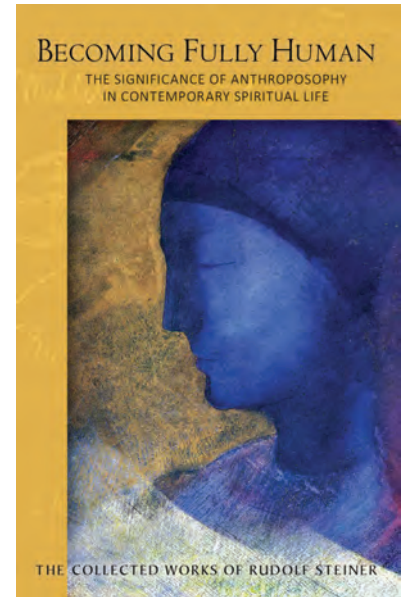
Published for the first time in English, these public lectures are among Steiner's most inspired—and inspiring—explorations of anthroposophy as a true science of the spirit.

Our age provides abundant explanations of the universe, its nature, and evolution. But underlying most scientific modalities is a passive engagement with self and world, an assumption of the faculty of thinking and, as a result, an indifferent arrangement of phenomena through logical inference. However, this question remains: What is thinking? A product of chemical processes in the brain or a spiritual activity through which we become participants in a spiritual cosmos?

This is Steiner's starting point in all his work. He aims to cast off the unnecessary limits imposed on knowledge by a science that fails to examine its most fundamental epistemological premises. The lectures here are a remarkable contribution to this lifelong project—a compelling, eloquent, insightful study and affirmation of our very humanness.

Speaking to a youthful academic audience, Steiner does not confine himself to arbitrary delineations of codified academic disciplines. On the contrary, he breaks down barriers, builds bridges, and envisions a future academy in which the paths of knowledge are broadened through a genuine science of initiation to encompass our role as members and, ultimately, as joint creators of the physical, soul, and spiritual universe.

9781621482642 228pp pbk \$25.00

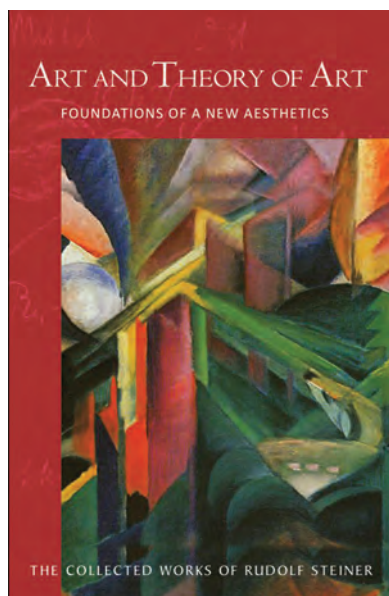


"There is no contradiction, if you look into the matter correctly, between destiny and freedom. However, in order to be able to present the concept of destiny to the world later on, it was first necessary that the concept of freedom be presented in the book *The Philosophy of Freedom*."

— Rudolf Steiner



RUDOLF STEINER (1861–1925) was a well-published scientific, literary, and philosophical scholar, known especially for his work on Goethe's scientific writings. At the beginning of the twentieth century, Steiner began to develop his early philosophical principles into an approach to systematic research into psychological and spiritual phenomena. He came to use the term anthroposophy (and spiritual science) for his philosophy, spiritual research, and findings. The influence of Steiner's multifaceted genius has led to innovative and holistic approaches in medicine, various therapies, philosophy, religious renewal, Waldorf education, biodynamic agriculture, education for special needs, threefold economics, Goethean science, architecture, and the arts of drama, speech, and eurythmy. In 1924, he founded the General Anthroposophical Society, which today has branches throughout the world.



Art and Theory of Art Foundations of a New Aesthetics

Rudolf Steiner

Introduced by Zvi Szir • Translated by Dorit Winter and Clifford Venho

An Author's Summary, 1888; 4 Essays, 1890–1898; 8 lectures, 1909–1921 (CW 271)

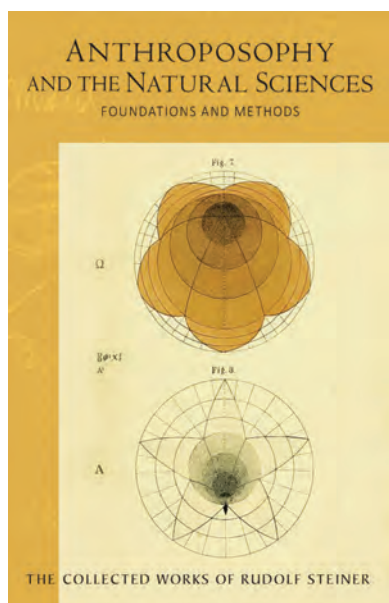
"The challenge of saying something about art was personal for Rudolf Steiner. He experienced it as deeply connected with his biography. It is not for nothing that, in the last lecture of this volume, he points to his repeated attempts to develop a new approach and new forms of expression for speaking about art. We find at least three forms of this attempted approach in this book." —Zvi Szir (from the introduction)

The subject, practice, and vital importance of art was a thread that ran through Rudolf Steiner's life, from his early work as a scholar of Goethe through his time as the editor of a literary and arts journal in Berlin in the 1890s, to his twenty-five years as a spiritual researcher and teacher. Understanding and articulating the significance of art was a perennial challenge for Steiner.

This volume in The Collected Works is unique in showcasing a survey of early written works and later lectures to anthroposophic audiences. In doing so, it presents a picture of Steiner's lifelong intense effort to convey something essential about the arts.

Beginning with his early philosophical work and literary criticism at the end of the nineteenth century and on into his later lectures, this volume follows Steiner's endeavor to reveal in words the mystery obscured by the vague concept of "what art is."

9781621481898 240pp pbk \$25.00



Anthroposophy and the Natural Sciences Foundations and Methods

Rudolf Steiner

Introduced by Wolfgang Zumdick • Translated by Sabine Seiler

5 public lectures and a discussion, various cities, June 17, 1920–May 11, 1922 (CW 75)

This previously untranslated volume showcases Rudolf Steiner's presentation of key concepts and methods of spiritual science to more-or-less skeptical academic audiences in the early 1920s. Step by step, he presents to his listeners the fundamentals of the anthroposophic path of knowledge. Steiner was less concerned with presenting results from his spiritual-scientific research than with leading his academic audience to an objective understanding of spiritual science in a propaedeutic and conceptually transparent way. The central questions of his approach were these:

What are the tools and instruments needed to orient oneself in the world of the soul and the spirit? How can we know that the spiritual world is an objective world and not merely a psychic projection? What authorizes a spiritual researcher to acknowledge experiences on "the other side" as independent realities?

Steiner addresses these and other questions in such a structured and readily comprehensible way that the volume as a whole is well suited to serve as an introductory text and as a means for anyone to deepen their understanding of how anthroposophy relates to and builds upon the natural sciences.

9781621481850 300pp pbk \$30.00

The Mission of Folk Souls

Rudolf Steiner

Translated by Johanna Collis

11 lectures, Oslo, June 7–17, 1910 (CW 121)

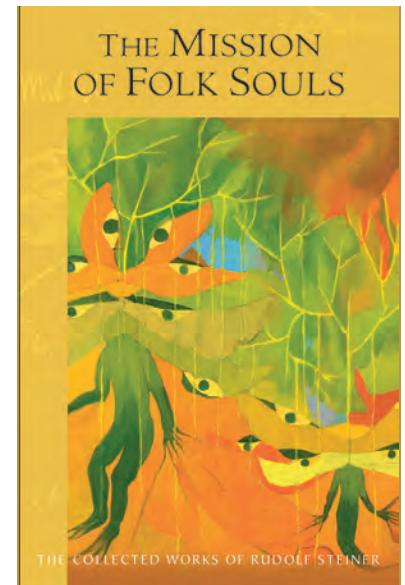
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In the mythologies of all ancient cultures, humanity is portrayed as intimately interwoven with the activity of lesser and greater gods, spirits, devas, and elemental beings—as members of the grand symphony of creation. Who are these gods, pictured so vividly in various myths and legends? And how are they connected with the mission of humanity as a whole and the diverse peoples of the Earth?

In his preface to this lecture cycle, Steiner argues that a true basis for a “psychology of peoples” cannot be given by the “anthropological, ethnographical, or even historical studies” of conventional science, but requires “a basis . . . in spiritual reality.” It is precisely this spiritual reality—the creative activity of the beings of the hierarchies in connection with the destiny of humanity—that forms the heart of these lectures and of Steiner’s view of folk psychology more broadly.

These lectures form Rudolf Steiner’s most comprehensive and profound account of the mission of folk souls.

9781621482680 264pp pbk \$28.00



“When faced with the way events are depicted in history, we should sense how necessary it is to rethink them. We should sense that today’s difficult time, which has brought such misery upon humanity, is the karmic effect of distorted, superficial thinking. We should sense that the painful experiences we are going through are in many respects the karma of materialism.” — Rudolf Steiner

The Karma of Materialism

Rudolf Steiner

Translated by Rita Stebbing

12 lectures, Berlin, May 5–September 25, 1917 (CW 176)

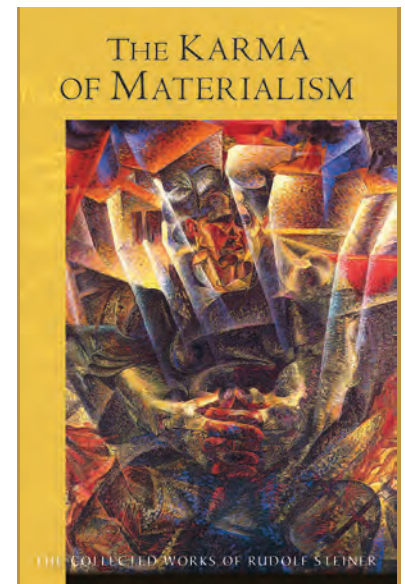
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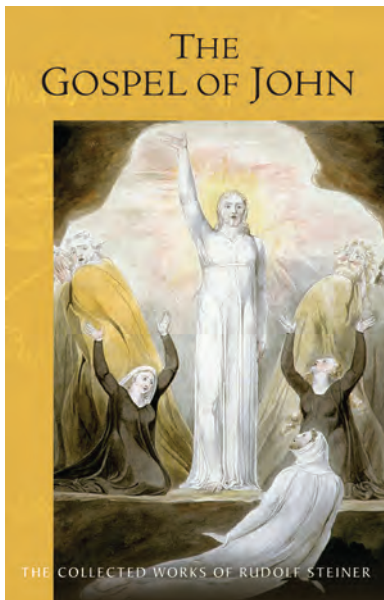
We read in modern history books about external events isolated within themselves or subject to the random, blind working of mechanistically conceived causes and effects. But is it possible to view the events of our times—pandemics, war, political upheaval, etc.—as symptoms of an underlying disease, karmic consequences of humanity’s fall into materialism? In these lectures, given in the midst of World War I, Rudolf Steiner addresses this question with insight, nuance, and a deep love for humanity and the collective spiritual mission of our Earth.

Science—which should not be a set of beliefs or dogmas but a method and practice of inquiry—has become wedded, especially since the nineteenth century, to the worldview of materialism. This problematic union is most dangerous when erroneous concepts and lines of thought are extended beyond the domain of theory into the sphere of practical life. In these lectures, Steiner implores his audience “to become conscious of where humanity will be led if what today calls itself science is allowed to set the tone and to insinuate itself into realms where concepts become realities.”

Although given more than one hundred years ago, the message of these lectures is more urgent today than ever before.

9781621483120 384pp pbk \$38.00





The Gospel of John

Rudolf Steiner

Introduction by Robert A. McDermott

Translated by Maud B. Monges

Revisions and Notes by Frederick Amrine

12 lectures, Hamburg, May 18–31, 1908 (CW 103)

In these twelve profound lectures, Rudolf Steiner uncovers and reclaims the essential truths of Christianity, illuminating the Gospel of John in all its majesty, power, and far-reaching significance.

Foremost among the revelations to be found here is the identity of the writer of John's Gospel—namely, the risen Lazarus, the disciple whom the Lord loved. Lazarus-John, the first to be initiated by Christ Himself, wrote his Gospel out of the deepest wellsprings of knowledge, implanting within it vital spiritual forces. As Steiner states in the final lecture of this volume, "This Gospel is not a textbook but a force that can work within our souls." It is this force living in the words and rhythms of John's Gospel that purifies the soul, transforming it—in the language of esoteric Christianity—into the Virgin Sophia, receptive to the Holy Spirit.

Along this path, we come to recognize that Christianity, far from being a codified system of beliefs, is a living power within the evolution of humanity, a power that is only at the beginning of its activity. What Steiner refers to as "the Mystery of Golgotha"—that is, the death and resurrection of Christ—stands as the turning point of time, the event through which the Earth receives its meaning. The effects of this event, and the further activity of Christ as the Spirit of the Earth, will continue to evolve from year to year, century to century, until one day in the distant future Christianity will fulfill its mission. This can happen, however, only if Christianity is first understood "in its true spiritual form."

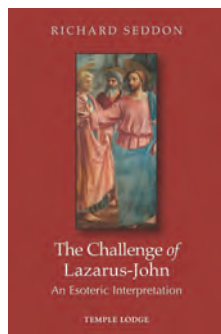
This lecture cycle is an essential guide to an understanding of the true mission of Christianity, a guide to the spiritualization of the Earth, the transformation of the Cosmos of Wisdom into the Cosmos of Love. As with all great books, The Gospel of John not only imparts knowledge—it can change you.

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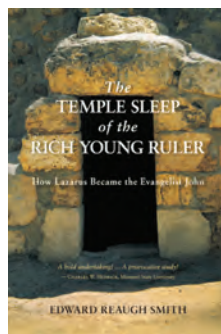
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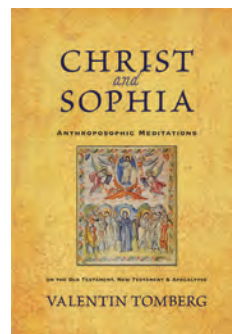
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Imagine a living room in Hamburg, 1908. Fewer than a dozen members of the German Section of the Theosophical Society are listening as Rudolf Steiner reveals that Lazarus was the author of the Gospel of John, the Epistles of John, and the Apocalypse. Imagine them hearing Rudolf Steiner state that references in the Gospel of John (by Lazarus-John) to the “beloved disciple” are references to Lazarus-John himself. Like most people familiar with Christianity, they almost certainly believed—or at least understood that they were expected to believe—that Lazarus had truly died, was wrapped and in a grave, and was brought back to life by his friend Jesus of Nazareth. They might have heard Rudolf Steiner’s first lecture, on the “Raising of Lazarus,” six years earlier in a lecture that was published as a chapter in his *Christianity as Mystical Fact*, but they were probably not prepared for the many profound disclosures in these twelve lectures. Surely some in the audience would have been new to Steiner’s case for esoteric Christianity, which was at odds with both mainstream Christian thinking and the understanding of Christ accepted by most members of the Theosophical Society.

It was Steiner’s intention in these lectures to establish the ways in which this Gospel and its author, Lazarus-John, the one Christ called the beloved disciple, provided one of the surest paths to an understanding of the profound relationship of Christ to each human person and to Earth. Steiner describes the spiritual preparation for Christ’s Incarnation and Baptism, and for the Mystery of Golgotha (Steiner’s term for the Crucifixion and Resurrection), all of which are uniquely revealed in the Gospel of John. He leads his audience, and us readers, to an understanding of Lazarus-John unknown even to the other three primary evangelists—Matthew, Mark, and Luke—who wrote their Gospels several decades before Lazarus-John.

Although separated from these events by two thousand years, Steiner was able to reveal the spiritual content of this Gospel by clairvoyantly accessing the akashic chronicle, the name given to the repository of events and words preserved in an astral light. It should be recognized that reading in the akashic chronicle is a complex process—though, according to Steiner, it is far more reliable than observation in the sense world. As Steiner states in *Cosmic Memory* (CW 11):

In order to avoid possible misunderstanding, it should be said that spiritual perception is not infallible. This perception also can err, can see in an inexact, oblique, wrong manner. No one is free from error in this field, no matter how high one stands.... But the dependability of observation is much greater here than in the external world of the senses. What various initiates can relate about history and prehistory will be in essential agreement. (p. 38)

It is important to note that these lectures, in which Steiner presents the results of his reading in the akashic chronicle, took place

during his tenure as the General Secretary of the German Section of the Theosophical Society. The leaders of the theosophical movement at the time (particularly Annie Besant and C. W. Leadbeater) were influenced by an Indian and a Tibetan master and were led to focus primarily on Krishna and Buddha, clearly both high spiritual beings. Steiner, on the other hand, placed the mystery of the Logos, as described in the Gospel of John, at the center of his spiritual teaching: “In the beginning was the Word, and the Word was with God, and the Word was a God. The same was in the beginning with God. All things came into being through It, and save through It was not anything made that was made” (Jn. 1:1–2).

From 1908 to 1913 Steiner described, especially in his lectures on the Gospel of Luke, the exact mission of Krishna and Buddha, both in their own right and in relation to Christ. In these twelve lectures on the Gospel of John in 1908, he focused on the doctrine of the Logos within esoteric Christianity. He sought to establish a new understanding of the Gospel that Lazarus-John wrote at an advanced age while living in Ephesus with the mother of Jesus. Steiner also intended these lectures, perhaps primarily, as a means of fostering spiritual striving.

The essential lecture for Steiner’s interpretation of the Gospel of John is lecture 4, “The Raising of Lazarus.” As he did in his lecture “The Miracle of Lazarus” [in *Christianity as Mystical Fact*] at the start of his esoteric career, he provides a clear and convincing explanation for the event characterized by preachers and New Testament scholars as the “raising of Lazarus” in chapter eleven of the Gospel of John.

Mary and Martha, the sisters of Lazarus, sent a message to Jesus: “Lord, he whom you love is ill.” The text does not say that their brother Lazarus is dead and buried, but Jesus does: “Lazarus is dead. For your sake I am glad I was not there, so that you may believe” (Jn. 11:15). The word “dead” spoken by Jesus provides the basis for the almost universal interpretation of this important event: Lazarus was dead and buried, and Jesus, upon arriving at the tomb where he was buried, raised him to life. But note the following, which supports Steiner’s interpretation that the “raising” was an initiation. Before setting out for the home of Mary, Martha, and Lazarus, Jesus said to his disciples, “This illness does not lead to death. Rather, it is for God’s glory, so that the Son of God may be glorified through it” (Jn. 11:4). Further, Jesus said, “Our friend Lazarus has fallen asleep, but I am going there to awaken him” (Jn. 11:11).

This sentence, together with Steiner’s knowledge of initiation in the Jewish tradition and his esoteric capacity, supports his assertion that the “sleep” of Lazarus was the three-and-a-half-day withdrawal, or transportation, of the soul to the spiritual world, after which a legitimate initiator—in this case, Jesus Christ—had the power to call forth the transformed initiate. Steiner further states that the title



of an initiate was “beloved,” or “he whom the master (initiator) loves,” and well as the title “John.” In the first ten chapters of the Gospel of John, the author refers to himself as Lazarus, his pre-initiation name; after chapter eleven, he refers to himself as “the disciple whom Jesus loved.” It is this Lazarus, with the title “the disciple whom Jesus loved,” to whom Christ speaks toward the end of the Crucifixion: “Son, behold your mother... mother, behold your son” (Jn. 19:26–27). Lazarus-John and the mother of Jesus went to Ephesus... where they formed an esoteric or Johannine community.

Beginning with lecture 5, Steiner refers to Lazarus-John as the author of the Gospel of John and explains repeatedly that this Gospel includes profound truths of esoteric Christianity that could have been known only to an initiate of very high standing. In these lectures, Steiner was encouraging his listeners to understand the words of Lazarus-John as a direct revelation of the Logos, the Son of God, the “I am,” who incarnated in Jesus of Nazareth. More specifically, he points his audience (and us) to the path of initiation as laid out in the second and third chapters of *How to Know Higher Worlds*.

It is worth remembering that Steiner was speaking to members of the Theosophical Society, who had come to recognize him as their spiritual-esoteric teacher. He took the opportunity of these lectures to lead his listeners to the esoteric Christian source, in addition to his teachings, that they could access on their own. In effect, he said to the dozen theosophists in that living room in May 1908 that just as Christ, the Archangel Michael, and Sophia dwell in their souls and guide their spiritual lives, so is the Gospel of John a source of inspiration and insight, ever available to them. Christ invited them to fulfil their task, to commit to the process (and privilege provided by their karma) of following the steps of initiation.

In the rather complex lecture 6 on Christ as the “I am,” Steiner traces two evolutionary processes: the evolutionary formation of the human being through several stages of pre-Earthly life and then through several stages of Earthly life in preparation for the Incarnation of Christ. The entire lecture is a preparation for an understanding of God’s statement to Moses in Exodus: “And he said: ‘Thus shall you say to the children of Israel: the I AM has sent me to you’” (Ex. 11:13)....

This set of twelve lectures concludes with the statement that Christ has implanted in the spiritual part of Earth those forces that make possible Christian-Rosicrucian initiation as described in these lectures. At the Crucifixion, Jesus Christ gave the power of the Virgin Sophia to Lazarus-John so that he might truly and faithfully describe through his own illumination the events of Palestine and thereby allow these events to work upon human beings.





Results of Spiritual Research

Rudolf Steiner

Translated and introduced by **Simon Blaxland-de Lange**

14 lectures, Berlin, October 10, 1912–April 4, 1913 (CW 62)

In this previously unavailable series of public talks, Rudolf Steiner systematically builds, lecture by lecture, on the fundamentals of spiritual science, from the nature of spiritual knowledge and its relationship to conventional science—the path of personal development and the task of metaphysical research—to specific questions about the mystery of death, the meaning of fairytales, the significance of morality, and the roles of certain individuals such as Leonardo da Vinci, Raphael, and Jakob Böhme in human evolution.

At the time of these presentations, Steiner had been working in Berlin for many years, and thus, “could reckon with a regularly returning audience to whom what mattered was to enter ever more deeply into the areas of knowledge that were newly opening up to them” (Marie Steiner). Consequently, through “a series of interconnecting lectures whose themes are entwined with one another” Steiner was able to communicate a coherent and challenging spiritual perception of reality based on his personal research.

These important lectures are presented with notes, an index, and an introduction by Simon Blaxland-de Lange.

9781855845992 416pp pbk \$35.00



Between Death and Rebirth

In Relation to Cosmic Facts

Rudolf Steiner

Introduction by **Frederick Amrine**

Translation by **E. H. Goddard, Dorothy S. Osmond and Frederick Amrine**

10 lectures, Berlin, Nov. 5, 1912–Apr. 4, 1913 (CW 141)

In this absorbing series of lectures, Rudolf Steiner discloses factors in our life on Earth that will influence our experiences in the spiritual world after death—and, conversely, factors in the spiritual world that will affect our next life on Earth. He focuses on the period in the afterlife following an individual's path through *kamaloka*, the “purgatory” in which one's soul is purified. Once the soul has been cleansed of its astral sheath, it opens up to cosmic influences and expands into the planetary sphere, where it begins to prepare for reincarnation and a new human life on Earth.

Steiner addresses the vital relationship of the living to the dead—in particular, how those on Earth can influence the souls of those who have died. He also discusses sleep and death and our seven-year life cycles. Steiner ends with a grand picture of the Mystery of Golgotha, showing that Jesus Christ's death on the cross only *seemed* to be a death, whereas it actually enabled the momentous birth of the “Earth Soul.”

Long out of print, the revised text in this new edition is complemented with an introduction, notes and appendices by Prof. Frederick Amrine and features an index.

9781855845930 254pp pbk \$30.00

The Mysteries of Initiation

From Isis to the Holy Grail

Rudolf Steiner

Introduction by Robert A. McDermott • Translated by Charles Davy

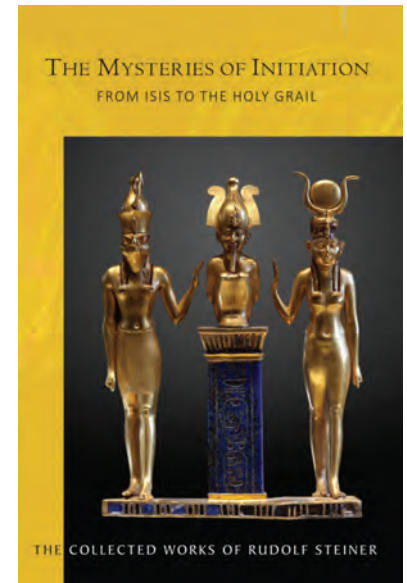
4 lectures, Berlin, February 3–7, 1913 (CW 144)

In this concise study, Rudolf Steiner sketches the evolution of the mysteries, from ancient Persia through Egypt and Greece to the present Christian era. He traces the line of initiates from the Egyptian divinities Isis and Osiris to Moses and to King Arthur's Round Table and the Holy Grail in the twelfth century.

These lectures focus on the process of initiation in historical terms—how initiation worked in ancient Egypt and during the late Middle Ages. Steiner's inspirational presentation leads to this question: *How can we advance to initiation today?* He underscores the potential for achieving enlightenment today without an incarnated teacher and explains the four stages in the process of initiation. Steiner also highlights the need for strenuous efforts to overcome the subtle powers of evil (Lucifer and Ahriman) through selfless effort.

These four lectures form an important landmark in Steiner's biography, the first of which took place on February 3, 1913, the very day that the Anthroposophical Society was founded.

9781855845916 120pp pbk \$18.00



Deeper Secrets of Human Evolution in Light of the Gospels

Rudolf Steiner

Introduction by Tom Ravetz • Translated by Christiana Bryan

12 lectures, various cities, Oct. 11 – Dec. 26, 1909 (CW 117)

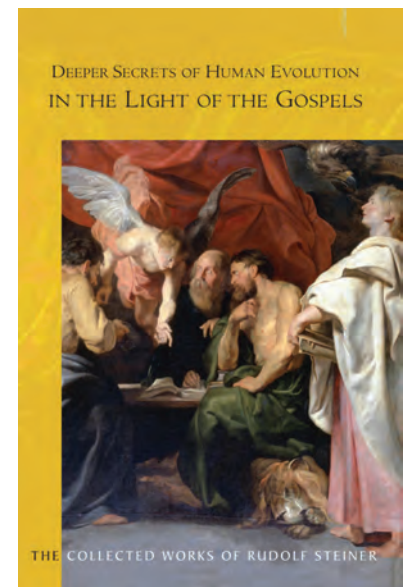
"The personality who received the Christ being into himself in his thirtieth year is a complex entelechy. Only on the basis of the akashic record can an accurate view be gained as to why the life of Jesus is so diversely presented in the various Gospels."

—Rudolf Steiner

Previously untranslated, this collection of twelve lectures represents a mid-point in Rudolf Steiner's unique exposition of the Christian Gospels. His momentous courses on the Gospels of John and Luke had already been presented, whereas his lectures on the Gospels of Matthew and Mark were yet to come. In the lectures represented in this volume, Steiner examines varying accounts of Christ in the Gospels, explaining that they represent four different though complementary perspectives.

Steiner's unparalleled insights are based on his firsthand ability to research the spiritual "akashic record," the universal compendium of all events, thoughts, emotions, and intentions.

9781855845923 248pp pbk \$30.00





Nature and Spirit Beings

Their Activity in Our Visible World

Rudolf Steiner

Translated and introduced by Christian von Arnim

18 lectures, various cities, November 5, 1907–June 14, 1908 (CW 98)

“Suppose you have seen an event, have formed an idea about it, and you say something that is not true—in other words, something that is a lie. Then what flows from the object is correct and what flows from you is false and this collision is a terrible explosion; each time you do this, you attach a gruesome being to your karma that you cannot get rid of again until you have made good what you lied about.” —**Rudolf Steiner**

In these previously untranslated lectures, Steiner presents shattering insights into the interaction of human and spiritual beings. He speaks, for example, about how perfumes can give certain spirits access to people on earth; how phantoms, specters, and demons can be created through human deficiencies; even how the arts of architecture, sculpture, painting, and music allow “good” or “hideous” entities to enter our world.

These lectures are divided into two broad thematic groups: the first relating to the inner path of knowledge and its relation to the yearly festivals, and the second focusing on the work of elemental beings in our everyday world.

9781855846005 282pp pbk \$30.00



Polarities in the Evolution of Humanity

West and East – Materialism and Mysticism – Knowledge and Belief

Rudolf Steiner

Translated and introduced by Matthew Barton

11 lectures, Stuttgart, March 5–November 22, 1920 (CW 197)

“The present age needs to understand that human beings must hold the balance between the two extremes, between the ahrimanic and the luciferic poles. People always tend to go in one direction.... The Christ stands in the middle, holding the balance.” —**Rudolf Steiner**

These lectures were delivered in postwar Stuttgart against the backdrop of struggle and uncertainty—not only in society at large but also within the anthroposophic movement. Steiner and his supporters were working to introduce his “threefold” social ideas and, given Steiner’s public profile, were increasingly encountering personal and even physical attacks.

Steiner responded to this turbulent situation by revealing the spiritual beings and activities behind the forces of decline in today’s civilization. He speaks of retrogressive powers—spiritual beings referred to as luciferic and ahrimanic—working directly into human culture and manifesting, for example, in what he calls the “initiation streams” of Western secret societies—the Church-allied impulse of the Jesuit stream and the Bolshevik force of Leninism. The spiritual agents of adversity also encourage polarized thinking and false opposites, such as East verses West, materialism verses mysticism, and knowledge verses belief. Only the threefold principle—represented by Christ—allows us to create a balance between these existential conflicts.

9781855846012 232pp pbk \$28.00

What Makes Blood Move?

A Mind-Body Physiology of the Heart

Armin J. Husemann, MD

Foreword by Prof. Peter Heusser, MD

Translated by Chatherine E. Creeger

"Medical thinking that has become supple and sensitive through art leads to recognizing connections that are simply inaccessible to any way of thinking accustomed to dealing with molecular particles and their interactions... The idea that human beings are ultimately nothing other than molecular, genetically controlled machines leads to a dead end..."

—Prof. Peter Heusser, MD (from the foreword)

To recast modern science as a science of the human being, to change the paradigm with which we perceive and understand life in all its attributes, including the physical human body, is and will be a mighty task for some time to come. Perhaps the most obvious, and also weakest pillar of the view of the human being as a kind of machine, is the metaphoric assumption, seemingly beyond questioning, that the human heart functions as a pump. In this book, Dr. Armin Husemann approaches the activity of the human heart and the blood that moves from a perspective grounded in the spirit and practice of natural science, but unbiased by either received truths or conventional dogma.

What does it look like to approach the phenomena of beating heart and flowing blood from a wholistic perspective? What does it mean that, in the human embryo, what is to become the circulatory system functions prior to the formation of the heart? Does the human heart really have something to do with our emotions? With love? Understanding? A kind of knowing qualitatively different from, yet related to, what we might call "brain knowing"?

This richly illustrated hardcover volume builds a much-needed bridge between natural science and a universally human spiritual science, while also providing a comprehensive, accessible view of the human heart and how blood moves in the human body.

9781621482758 152pp 8 x 10 in. hdbk \$45.00

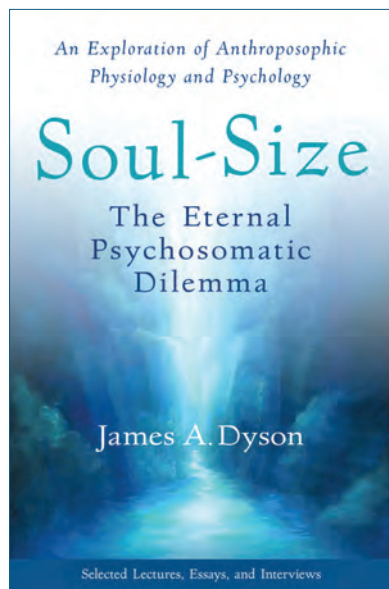


DR. ARMIN J. HUSEMANN, MD, born in 1950, worked as a school doctor from 1988 to 1993. He has been a general practitioner in private practice since 1987 in Stuttgart, Germany. Since 1993, he has been the director and a lecturer at the Eugen Kolisko Academy (formerly The Anthroposophic Medical Seminar) in Filderstadt. Other books translated into English by Dr. Husemann include *The Harmony of the Human Body: Musical Principles in Human Physiology* (Floris Books, 2003); *Human Hearing and the Reality of Music* (SteinerBooks, 2015); and *Form, Life & Consciousness: An Introduction to Anthroposophic Medicine and Study of the Human Being* (SteinerBooks, 2019).



"This book does away with the idea of the heart as a machine—the heart is not a pump! In many animals, blood moves without blood vessels and heart. The scientific facts, properly thought through, show today that the human heart beats as an organ of perception for the whole of one's life."

—Dr. Armin J. Husemann



Soul-Size

The Eternal Psychosomatic Dilemma:
An Exploration of Anthroposophic Physiology and Psychology

James A. Dyson

Edited by Christine Huston, Zheni Nasi, and David Tresemer

From the richness of his experience and extensive medical training, Dr. James Dyson has forged an authentic, holistic understanding of the human being into a practical psychotherapeutic discipline. In mid-career, he undertook the study of psychosynthesis psychology, nonviolent communication, and organizational development.

This book sets out the resulting synthesis of these paths as a unique and powerful interdisciplinary approach to human health with practical tools for those engaged in healing, health care, counseling, and psychotherapy, as well as for anyone searching for insights to support their own healthy soul life.

Dr. James A. Dyson, MRCS, LRCP, co-founded Park Attwood Clinic, where he practiced as a physician. He has also worked as medical advisor in many Steiner Waldorf Schools, Camphill Schools, and centers for social therapy.

9781938685361 224pp pbk \$24.95

Water Talks

Empowering Communities to Know, Restore, and Preserve Their Waters

Betsy Damon

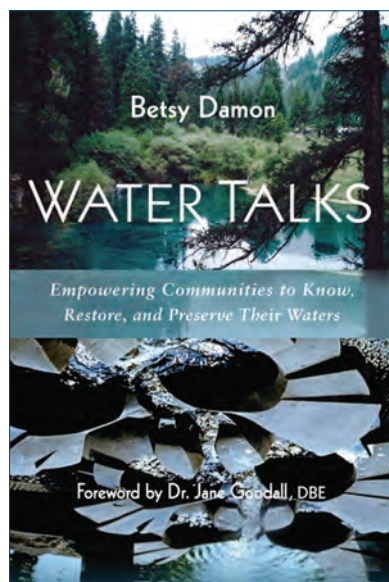
Foreword by Jane Goodall, DBE

In this comprehensive, exciting, and accessible book, the artist, activist, and teacher Betsy Damon insists that genuine, lasting solutions require a fundamental understanding and empirical knowledge of water and its role for all life on Earth. She begins with an overview of water as a fundamental human right and how that right has been curtailed through wanton pollution and the commercialization of water supplies. Through personal stories and projects, scientific and technological studies, and encouraging solutions, she takes the reader through many ways in which we can better appreciate and approach existing problems so that "clean water, air, and soil would be available for all life without a price tag."

As Jane Goodall points out in her foreword, this book "contains inspiring moments and successes of people and communities that have organized around saving a water place. It also provides rays of hope."

Betsy Damon has become an internationally recognized artist whose public work and living systems have received widespread acclaim. She directs Keepers of the Waters, a nonprofit focused on ecological planning, advocacy, and education. A semi-finalist for the Buckminster Fuller Award and a finalist for the Stockholm Water Prize, she has lectured widely in the U.S., Europe, and China and has been a visiting artist at countless colleges and universities. Damon's works have been featured in numerous exhibitions. Visit BetsyDamon.com.

9781938685385 228pp pbk \$24.95



Encountering Rudolf Steiner

Introductions to Essential Works

Christopher Bamford

Preface by Christopher Bamford

Introduction by Robert A. McDermott

Foreword by William Michael Jensen

"The introductions for which Chris is justly prized reveal a deep personal—intellectual, spiritual, karmic—relationship with Rudolf Steiner. Without such a relationship these introductions would not exhibit such obvious depth and authority. They provide the reader access to Rudolf Steiner's sources, context, and intentions." —Robert A. McDermott (from his introduction)

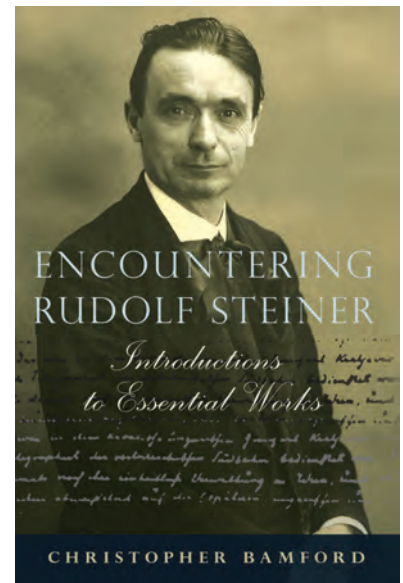
Rudolf Steiner's writings and lectures comprise a collection of more than 350 volumes, which can overwhelm anyone hoping to gain an understanding of the vast range of their content. Beginning in the 1990s, as editor in chief of Anthroposophic Press (SteinerBooks), Christopher Bamford wrote introductions to more than fifty books in the English translations, each one offering readers significant context and keys to open up many areas of Steiner's works.

This volume presents fifteen of those introductions to some of Steiner's most essential books and lectures on anthroposophic practices, Western esoteric streams, religious renewal, and inner development, as well as practical applications of anthroposophic principles for a threefold society and contributions to modern holistic medicine.

Taken together, these introductions provide one of the best possible means of encountering Rudolf Steiner by revealing the background, significance, and relevance of his philosophy and insights for humanity today and in the future.

This book is for anyone seeking a way into Steiner's worldview, as well as for those who are already familiar with the work of Rudolf Steiner and wish to delve more deeply into the many aspects of the anthroposophic path of knowledge.

9781621482772 360pp pbk \$34.95



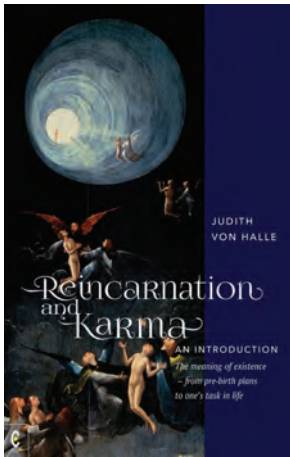
"The deep aim, or intention, of an introduction (understood esoterically) is a 'living understanding,' or, as the poet William Blake put it, the ability 'to catch the bird in flight and fly with it.' If successful, this makes it possible for any reader to hear or translate, into his or her own understanding, what Rudolf Steiner is offering, within and beyond his words, in these texts of The Collected Works."

— Christopher Bamford



CHRISTOPHER BAMFORD (1943–2022) was born in Cardiff, South Wales, and lived for a while in Hungary and then in Scotland. He studied as an undergraduate at Trinity University in Dublin and earned his master's degree at the Annenberg School for Communication, University of Pennsylvania. For nearly thirty years, he was Editor in Chief at SteinerBooks (Anthroposophic Press) and its imprints. A Fellow of the Lindisfarne Association, he lectured, taught, and wrote widely on Western spiritual and esoteric traditions. His other books include *Healing Madonnas: Exploring the Sequence of Madonna Images Created by Rudolf Steiner and Felix Peipers for Use in Therapy and Meditation* (2017); *An Endless Trace: The Passionate Pursuit of Wisdom in the West* (2003); and *The Voice of the Eagle: The Heart of Celtic Christianity* (1990). He also translated and edited numerous books, including *Homage to Pythagoras: Rediscovering Sacred Science* (2001); *The Noble Traveller: The Life and Writings of O. V. de L. Milosz* (1984); and *Celtic Christianity: Ecology and Holiness* (with Will Marsh, 1982). Essays by Mr. Bamford are included in *The Best Spiritual Writing 2000* ("In the Presence of Death") and *The Best American Spiritual Writing 2005* ("The Gift of the Call"). Christopher passed over the threshold of death on May 13, 2022, at his Mt. Washington home in Massachusetts.

Anthroposophy in the World



Reincarnation and Karma, an Introduction

The Meaning of Existence—from Pre-birth Plans to One's Task in Life

Judith von Halle

What is the meaning of life? As human beings, we cannot avoid this most basic question of earthly existence. Is consciousness simply an accident of the universe, as modern science claims? On the other hand, many established religions suggest that life is a one-time experience, culminating with "eternal life" in heaven or in a purgatory or hell. How could this be equitable, given people's vastly differing life circumstances?

The notion of reincarnation is a prerequisite for understanding our personal destiny, or karma, a personal life plan created before our incarnation on earth. Through such ideas, the consciousness of one's immortal soul core—our inner being, that exists both before birth and after death—can be awakened.

9781912992379 62pp pbk \$14.95

The Three Meetings

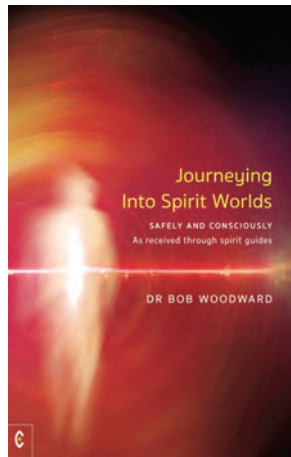
Christ, Michael, and Anthroposophia

Yeshayahu (Jesiah) Ben-Aharon

At the heart of this book is an existential question. Early in his anthroposophic work, Ben-Aharon realized that meeting the etheric Christ without the light of spiritual science remains only a personal experience. Likewise, anthroposophy is merely a body of erudition frozen in time if no new life forces flow from the etheric Christ. But they are interdependent. How can such a mutually enlivening bridge be built?

Speaking candidly of his personal spiritual path and inner struggles of consciousness, Ben-Aharon tackles this fundamental dilemma as a prelude to the forthcoming, second edition of his book *The New Experience of the Supersensible*.

9781912230914 148pp pbk \$24.95



Journeying into Spirit Worlds

Safely and Consciously

As Received through Spirit Guides

Bob Woodward

Working with his spirit guides, Bob Woodward seeks contemporary methods to gain access to higher worlds, the metaphysical realms of reality that underpin our existence. In comprehensible and accessible language, he presents transcripts of communications with his guides, each section featuring an individual teaching followed by questions, discussion, and commentary. The messages he receives contain a sequence of imaginative, inspiring meditations that enable the reader to explore worlds of spirit. Reconnecting consciously with these spheres brings true knowledge of ourselves, allowing each of us to work as enlightened beings with greater compassion and understanding for the good of the whole world.

9781912992362 100pp pbk \$15.95

The Michael Letters of Rudolf Steiner

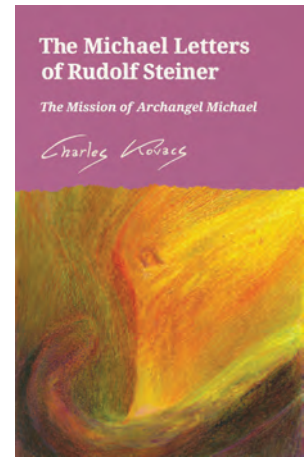
The Mission of Archangel Michael

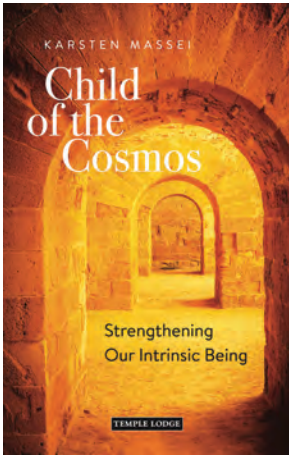
Charles Kovacs

During the final months of his life, Rudolf Steiner published a series of weekly letters addressed to the members of the Anthroposophical Society. Among them were fourteen letters in which he described the mission of the Archangel Michael, the lofty spiritual being who has accompanied humanity's evolution from primordial times right up to the present day.

In this insightful book, Charles Kovacs draws on his knowledge of Steiner's work to provide a deep understanding of the history and ideas that inform each of those letters. He shows how the Archangel Michael is the great champion of human freedom for modern humanity and how he can help us transcend divisive ideas of national identity to embrace a universal view of humanity and the world.

9781782506799 128pp pbk \$19.95





Child of the Cosmos
Strengthening Our Intrinsic Being

Karsten Massei

The path described in this book is within and concerned with strengthening our individuality, one's "I." Based on lifelong research, Karsten Massei created a valuable workbook for coming to know and heal ourselves. In a series of brief chapters he explains the interplay and tensions between human individuals and the nature of our "inner and cosmic child." Both are complex entities but are also directly related; both are deeply connected with our destiny.

Child of the Cosmos offers surprising perspectives arising from the author's personal experiences, opening a clear path of personal development. The text is complemented with seven special meditations to help us engage with the challenges ahead.

9781912230907 124pp pbk \$17.95

Rudolf Steiner and Social Reform
Threefolding and Other Proposals

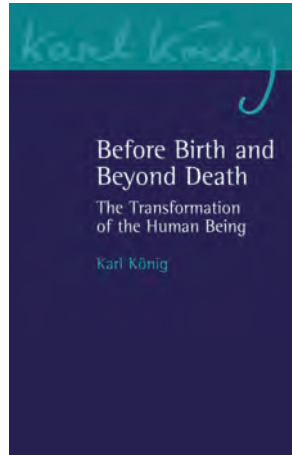
Richard Masters

Rudolf Steiner is not known today for his social thinking, but he wrote and spoke at length on such issues both during and after World War I. Central to his ideas was his "threefold" approach to politics, economics, and culture. He insisted that their roles should be clarified and these three spheres should be allowed to thrive independently.

Drawing on the full range of source material (including much that is not yet available in English), the author reveals the continuing relevance of Steiner's work for our contemporary world. Masters offers candid reflections on the degree to which Steiner's proposals are still applicable to current policy and practice.

Authoritative, accessible, and jargon-free, this comprehensive work offers innovative and stimulating ideas for anyone concerned with the current state of our world.

9781855845985 676pp pbk \$49.95



Before Birth and Beyond Death
The Transformation of the Human Being

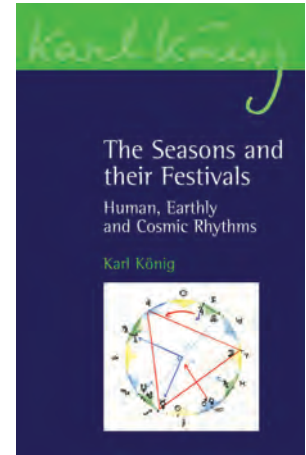
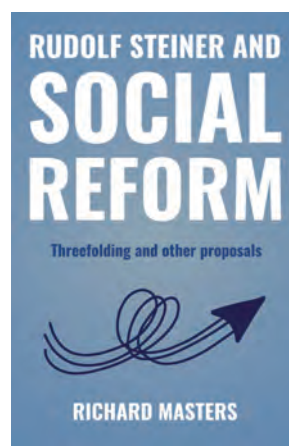
Karl König

"We could all benefit positively if we direct our thoughts to all of humankind and consider that birth and death are only portals. We must recognize that the greater part of humankind exists beyond these portals and that we are one with them." —Karl König

In these important lectures and essays, König asserts that the greatest part of our community exists beyond this earthly life. He calls on us not to neglect our connection with those who have died, encouraging us to solicit their guidance so that we might rediscover the spiritual values our society has lost.

In this remarkable book, König suggests that, by changing our everyday thinking, we can create a bridge across the threshold of death, allowing essential communication among humans in various states of being, and uniting humankind for the benefit of us all.

9781782507192 144pp pbk \$24.95



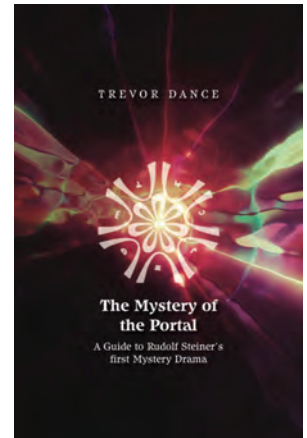
Seasons and their Festivals
Human, Earthly and Cosmic Rhythms

Karl König

Through his work as a physician, Karl König explored the relationship between the rhythm of the seasons, the Christian festivals, thinking in particular about their effect on human individuals and communities.

This fascinating collection of König's essays, lectures, and notes looks into the cycle of the year and the various aspects of the Christian festivals, from Easter to the Twelve Holy Days of Christmas. He discusses the idea that people can derive inner strength from festival celebrations through an active social life and participation in community, and that a strong, healthy community life relies on celebrating the festivals throughout the year.

9781782507901 192pp pbk \$27.95



The Calendar of the Soul

A set of 52 cards with paintings by Karin Jarman

Rudolf Steiner

Translated by Bernard Jarman

Our creative work with *The Soul Calendar* took place between Easter 2020 and Easter 2021. Each week the verse was painted and a new English translation composed. The very special experience of working with *The Soul Calendar* in this way during a full year opened up new insights concerning the relationship between soul and world.

The paintings were exhibited along with the new translations, in the church of The Christian Community in Stroud, Whitsun 2021. Having them laid out in sequence along the walls of this large space made it possible to experience for the first time how the color moods evolved in the course of the year. There is also a wonderful symmetry in the verses and the number of the corresponding verse is indicated in brackets alongside each one. Each of the 52 cards is 8¼ x 4 inches.

9780946206933 cards & booklet 72pp \$55.00

Swan Wings

A Spiritual Autobiography, Part I:
Childhood and Youth

Judith von Halle

In the first volume of her extraordinary true story, Judith von Halle tells of powerful spiritual experiences as a child and an adult in her twenties. At three years, she began to see the world with different eyes, observing things that people around her clearly could not see, such as the multicolored currents of life, which her child's mind called the "magical life force"—the ability to maintain consciousness while asleep or perceiving grotesque faces at the threshold to what she calls the "World of Reality." All the while, she was nourished by a "venerable Light" that gave her strength and encouragement.

Swan Wings is a courageous, moving, and inspiring testimony to the immortal spiritual individuality of the human being, its origins, capacity, and full potential.

9781912992331 288pp pbk \$29.95

Are There People Without a Self?

On the Mystery of the Ego and the Appearance
in the Present Day of Egoless Individuals

Erdmuth Johannes Grosse

An egoless individual, Rudolf Steiner intimated, is an empty sheath through which other spiritual entities could operate. Erdmuth J. Grosse gathers numerous little-known quotations from Rudolf Steiner's spiritual research and supports them with a wealth of disquieting reports, testimonies, and examples from literature and politics. He places these insights in the broader context of the mystery of the human I, illumining the spiritual development of the individual and humanity as a whole.

In this thought-provoking study, Grosse also discusses the role of comets, the effects of cyanide on the human constitution (especially in the light of the Holocaust), and hidden effects of ceremonial magic, occult lodges, cults, and sects.

9781912230808 118pp pbk \$22.95

The Mystery of the Portal

A Guide to Rudolf Steiner's First Mystery Drama

Trevor Dance

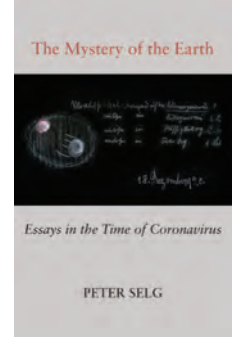
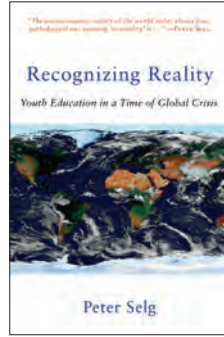
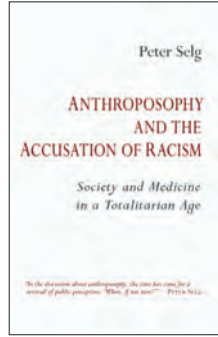
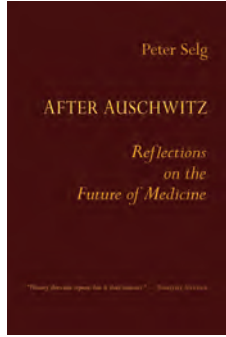
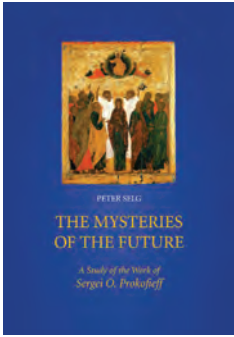
Contributions by Tom Raines

Trevor Dance suggests that the first step to appreciating *The Portal of Initiation* is to understand Steiner's methods. The play belongs to the tradition of Mystery Dramas from ancient times—artistic works intended as vehicles for inner development. Steiner combines aspects of Goethe's alchemical fable *The Green Snake and the Beautiful Lily* with the spiritual growth of contemporary individuals—all in the broader context of reincarnation and karma.

With accessibility in mind, the author provides a clear synopsis of each scene and introduces us to the characters—a collection of rustics, sophisticates, hierophants, and spiritual entities. Their dilemmas and challenges take place on many layers of reality—from a room in Sophia's house to the exalted Sun Temple.

9781855845978 222pp pbk \$24.95

New from Peter Selg



The Mysteries of the Future

A Study of the Work of Sergei O. Prokofieff

In the twelve months following Sergei O. Prokofieff's death in 2014, Peter Selg gave a series of lectures in various cities on Prokofieff's work, each time focusing on a particular aspect of his writings. This volume (in English for the first time and commemorating the seventh anniversary of Sergei Prokofieff's death) gathers many of Peter Selg's presentations.

9780946206926 704pp hdbk \$49.95

After Auschwitz

Reflections on the Future of Medicine

Since 2009, Peter Selg, along with Polish historians, has led seminars on medical ethics at the Auschwitz-Birkenau memorial for students at Witten/Herdecke University. This book was created following a public event in 2019 that investigated the "lessons of Auschwitz" for the practice of medicine in society today and in the future. He presents us with ways to advance forms of medicine today that encourage the most compassionate treatment of one another as human beings.

9781621482666 282pp pbk \$24.95

Anthroposophy and the Accusation of Racism

Society and Medicine in a Totalitarian Age

Those with even a passing knowledge of the anthroposophic worldview and the fruits of its application to life might wonder how such a modern, innovative, universally inclusive, and rational approach—one that has led to such positive and beneficial results in the world—could be so distorted and defamed. What is the substance of these accusations, and are they at all well-founded?

9781621482727 240pp pbk \$24.95

Recognizing Reality

Youth Education in a Time of Global Crisis

Peter Selg walks the reader through some of the lesser-known, and often ignored, contexts of the global response to Covid. As he demonstrates, much of what has played out over the past two years in response to Covid was actively prepared and rehearsed in roleplay scenarios. Dr. Selg leaves us with the question: Will we say yes to the dehumanizing, technocratic vision of society emerging across the globe, or will we seek a future worthy of the human being?

9781621483083 200pp pbk \$19.95

The Future of Ahri-man and the Awakening of Souls

The Spirit-presence of the Mystery Dramas

Peter Selg presents a timely overview of the challenges we face, beginning with a pithy, concise survey of Steiner's comments on Ahri-man's incarnation and the conditions that will characterize it. This is followed by a study of Ahri-man's depiction in the mystery drama *The Souls' Awakening*. Rudolf Steiner's remarkable personification of Ahri-man on stage—portraying his strategies and activities—provides vital instruction for humanity.

9781912230877 78pp pbk \$15.95

The Mystery of the Earth

Essays in the Time of Coronavirus

This volume—written by Peter Selg between Easter and Pentecost 2020—gathers a collection of essays on the medical, sociopolitical, and spiritual dimensions of the Covid crisis. He offers these essays as a means of orientation and "explorations" (in Paul Celan's meaning). The author emphasizes in his preface, however, that representatives of anthroposophy nevertheless have an obligation to speak out on the subject

9781621482567 152pp pbk \$17.00

Recent Release



Dr. Peter Selg is director of the Ita Wegman Institute for Basic Research into Anthroposophy (Arlesheim, Switzerland), professor of medicine at the Alanus University of Arts and Social Sciences (Germany), and joint leader of the General Anthroposophical Section at the Goetheanum. He is the author of numerous books on Rudolf Steiner, anthroposophy, medical ethics, and the development of culture and consciousness.



How the Future Can Save Us

Fresh Perspectives on Waldorf Education: *Principles, Methods, Curriculum*

Stephen Keith Sagarin

In this book, Stephen Sagarin clears away a few cobwebs to reveal the art, the living heart, and profound hope contained in the educational impulse known as Waldorf education. With brisk and insightful essays—written by a man clearly working in the midst of his subject matter—he moves through seven core themes of youth education—*growth, method, curriculum, terms, principles, governance, and administration*—and ends with a hopeful look at the future.

Employing pithy observations, bold myth-busting insights into key terms (what they mean and do not mean), child development, the history of education (including "math gnomes"), and much more, *How the Future Can Save Us* is an engaging and exciting read for both new and experienced teachers, parents and caregivers, and any student of education. Sagarin offers a fresh, hopeful, unconventional, and reinvigorating take on Waldorf education—where it comes from, what it means today, and how it still holds promise for the future.



Stephen Keith Sagarin, PhD, is faculty chair, a cofounder, and a teacher at the Berkshire Waldorf High School in western Massachusetts, where he teaches history. He is a former teacher and administrator at the Great Barrington Rudolf Steiner School and at the Waldorf School of Garden City, New York, from which he graduated. Dr. Sagarin writes, lectures, mentors teachers, and consults with Waldorf schools on teaching and administration. He is also the author of *The Story of Waldorf Education in the United States* (SteinerBooks, 2011). He is married and the father of two.

9781621482543 168pp pbk \$19.95



Turning Lead into Gold

The Transformative Alchemy of Waldorf Teaching

Jack Petrash

Drawing on his personal experiences as a Waldorf class teacher, Jack Petrash offers the fruits of his many years in classrooms. Through numerous anecdotes and shared insights, he recalls his multifaceted journeys of taking four different classes of students through their first eight grades and how he frequently improvised unique ways of approaching the classes and subjects, while sharing the frustrations, profound rewards, and lessons learned through the many interactions of the eight-year, ever-changing relationship with his classes and the individual students.

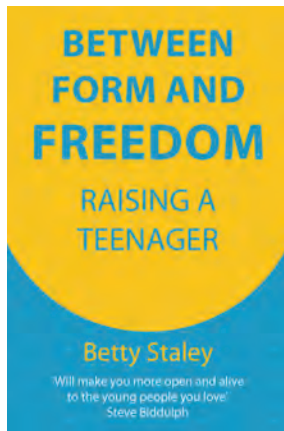
Petrash also shares creative ways of working with parents in the educational process and, most important, the overarching need for a teacher's own continuing inner development of insight and character throughout the years of teaching.

Turning Lead into Gold offers inspiration for teachers, both new and seasoned. It also gives parents numerous fly-on-the-wall glimpses of the day-to-day Waldorf classroom experience and the ongoing creative process of being a class teacher.

Jack Petrash is the founder and director of the Nova Institute, an educator with more than thirty years of classroom experience, and a teacher of teachers. He has written extensively on issues related to innovative classroom instruction. His pieces on parenting have appeared in *The Washington Post* and on National Public Radio. Petrash is the author of several books, including *Navigating the Terrain of Childhood: A Guidebook for Meaningful Parenting and Heartfelt Discipline* (2004).

9781952166112 216pp pbk \$24.95





Between Form and Freedom

Raising a Teenager

Betty K. Staley

Foreword by Steve Biddulph

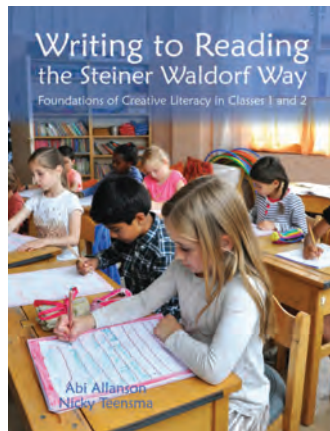
This is the third and fully revised edition of this bestselling book. Betty Staley tackles challenges related to self-esteem, pregnancy, behavioral problems, stress, depression, media, gender fluidity, eating disorders, and drug and alcohol abuse. She also explores developmental needs in connection with family, friends, media, education, the arts, loyalty, and relationships.

Countless parents have come to value this wise, practical guide, in which Betty Staley uniquely discusses teenagers' soul and spiritual needs at the time of life when the quest for meaning is extremely vital.

The author discusses ways that adolescents present either the "mask" or the "volcano" as they struggle with identity and self-esteem; tackles current questions of gender fluidity and identity, eating disorders, media addiction, and more; shares teenagers' voices, stories and experiences; and opens windows to the changing inner life of developing teenagers.

Betty K. Staley was a Waldorf teacher for many years and one of the founders of Rudolf Steiner College in Fair Oaks, California. She lectures widely and has written numerous articles and books.

9781912480722 368pp pbk \$29.95



Writing to Reading the Steiner Waldorf Way

Foundations of Creative Literacy
in Classes 1 and 2

Abi Allanson and Nicky Teensma

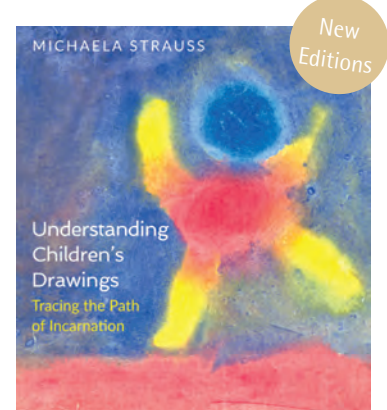
This is both a theoretical and practical book giving a complete pathway to teaching children how to write and read in Classes 1 and 2 (equivalent UK Years 2 and 3.) This book provides teachers with appealing, easy-to-use plans, and practical activities for immediate use. It also sets out fundamental principles of Steiner Waldorf pedagogy. It shows how this dovetails with the best of both mainstream primary approaches and specialist dyslexia-friendly methods. Teachers can use these principles to become confident in creating their own activities and resources.

The book showcases the holistic, creative aspects of the Steiner Waldorf literacy approach. The teaching of writing before reading is prioritized so as to engage children's creativity in learning. Developing the child's own voice through writing and storytelling, to lead over into reading, is highly effective for motivation and success.

Abi Allanson, MA, is a teacher and consultant specializing in literacy, differentiation and teacher training.

Nicky Teensma is a class teacher at Rudolf Steiner School Kings Langley. A trained and qualified specialist dyslexia teacher, she taught a parallel SEN class for five years.

9781912480562 352pp pbk \$34.95



Understanding Children's Drawings

Tracing the Path of Incarnation

Michaela Strauss

"In its drawings, the child describes for us different conditions of consciousness, which are parallel with those of cultural epochs." —Michaela Strauss

It's common for children's drawings to end up in a wastepaper basket. Yet these early artistic expressions indicate how children communicate with their environment. From the first scratches and scribbles to the detailed sketches of houses and people, the drawings and paintings of our children are significant manifestations of their inner processes and contain important statements about their development and gradual incarnation into a physical body.

Michaela Strauss's classic work is a pioneer study that can strengthen observation, understanding and love for the being of the child, both in the home and the kindergarten.

First published in 1978, this new edition features revisions, improved reproductions, a larger format, and more than 40 pages of color illustrations.

Michaela Strauss built on the work of her father Hanns Strauss, a painter and art teacher who collected thousands of children's drawings and compared and evaluated them. Following his early death, Michaela continued his research and brought it to publication.

9781855845961 96pp pbk \$28.95

Religious Renewal



Sacramental Theology for a Modern and Future World

The Seven Sacraments in History and in The Christian Community

Michael Debus

Sacramental Theology for a Modern and Future World

The Seven Sacraments in History and in The Christian Community

Michael Debus

Is baptism merely a symbolic act, or is it a reality that affects one's life?

Does a final unction affect a person's future stages of destiny?

How should we understand the transformation of bread and wine?

What spiritual processes are expressed in "rituals"?

The Christian Community—working since 1922 as a conscious movement for religious renewal—offers answers to these and other crucial questions. Michael Debus speaks to readers who wish to understand more deeply the spiritual foundations of The Christian Community and its place in theological history and its role in Christianity today.

In *Sacramental Theology for a Modern and Future World*, Michael Debus makes complex topics and concepts accessible to all who wish to understand the background and sacraments of The Christian Community and the Movement for Christian Renewal.

Michael Debus studied mathematics, physics, and philosophy in Tübingen and Erlangen. After his theological training, he became a pastor of The Christian Community in the Stuttgart community. For many years he was a leader of The Christian Community seminary in Stuttgart.

9781584208983 324pp pbk \$29.95



THE MARIAN WAY of HEART KNOWLEDGE



FROM MARY THROUGH ST. JOHN'S GOSPEL TO RUDOLF STEINER'S PHILOSOPHY OF FREEDOM

NEILL REILLY

The Marian Way of Heart Knowledge

From Mary through St. John's Gospel to Rudolf Steiner's *Philosophy of Freedom*

Available October

Neill Reilly

Foreword by J. Bruce Murphy

This book guides the reader into and through the mystery of Mary as she appears in the New Testament, especially her equanimity and affirmative openness to life—both its gifts and its sorrows. As J. Bruce Murphy points out in his foreword, "The theme of this book is to show that these holy mysteries are not allegory, poetry, or simple fantasy. Rather, they are actual facts that can be known and experienced by each of us, and mere sense-bound intellect will not suffice for us to reach an understanding of these mysteries." Or, as Rudolf Steiner tells us in *The Philosophy of Freedom*, "knowledge itself should become organically alive."

Neill Reilly shows how devotion and thinking with the heart—the Marian way of heart knowing—can guide us on our path toward true freedom. And, "what better help could we ever have than Mary, the Gospel of St. John, and *The Philosophy of Freedom*."

Neill Reilly received degrees in Philosophy and Waldorf Pedagogy and taught English at Waldorf and Catholic high schools for many years before working in finance and financial technology. Neill is married with two children and is the author of two other books.

9781584208914 106pp pbk \$18.00





The Reappearance of Christ in the Etheric

A Collection of Lectures on the Second Coming of Christ



Rudolf Steiner

Introduction by Stephen E. Usher

Starting in 1910, Rudolf Steiner initiated a series of lectures announcing the advent of Christ's appearance in the sphere of the earth's etheric or life body. He said this would begin between 1930 and 1940. In time, more and more people—regardless of religious affiliation—will be infused by Christ's living presence.

9781621482437 234pp pbk \$24.95

Perspectives on a Century

A Compendium of 100 Years of *The Christian Community Journal*

Foreword by Tom Ravetz

Celebrating the centenary of The Christian Community, this compendium gathers a wide-ranging selection of important articles that span a hundred years of *The Christian Community Journal*, from 1922 to 2022. The articles include contemplations on the Bible and festivals of the years; essays on the lives and work of artists and writers; and explorations of ideas about science, the natural world, and the Earth as a living entity.

9781782507888 256pp pbk \$29.95

John's Gospel

The Cosmic Rhythm, Stars and Stones

Hermann Beckh

According to Rudolf Steiner, John was the ailing Lazarus, called from death to a new life as "the disciple whom Jesus loved" (John 20:2). Hermann Beckh demonstrates how John's invaluable writings were based on personal spiritual knowledge and experience, expressing the divine work of the Cosmic Christ on human nature and on the Earth, leading far into the future. This volume is enhanced by a series of valuable addenda that shed further light on Beckh's significant achievements.

9781912230815 434pp pbk \$49.95

Bridges Between Life and Death

Iris Paxino

Iris Paxino, a psychologist and counsellor, has long explored near-death experiences. She shares insights from her studies, as well as her own personal thoughts on dying, near-death experiences, and life after death. Paxino leads the reader through the process of dying and the moment of death and goes on to explore different aspects of death, from fear of death, to meeting with Christ, to materialistic and atheist outlooks.

9781782506454 144pp pbk \$19.95

Reflections on the Gospel of John

Johannes Lauten

Christian Community priest Johannes Lauten reflects on the many layers of meaning in John's Gospel. He explores lesser-known figures surrounding Christ, examines recurring words and phrases (such as the "Son of Man" and the seven "I am" statements), and illumines themes such as knowledge, faith, the activity of grace, and Christ's path to the Cross.

9781782507918 144pp pbk \$24.95

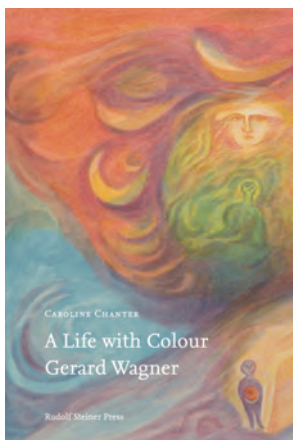
The Complete New Testament Studies

Rudolf Frieling

This volume draws on the author's deep knowledge and insight to make the events of the New Testament more understandable to modern readers. He returns to the Greek text to uncover the meaning and power of the original language. He explains difficult concepts such as the Son of God and the Son of Man, as well as Christ's incarnation from the Baptism in Jordan through to his death, resurrection, and ascension.

9781782507352 560pp pbk \$40.00

Biographies



A Life with Colour

Gerard Wagner

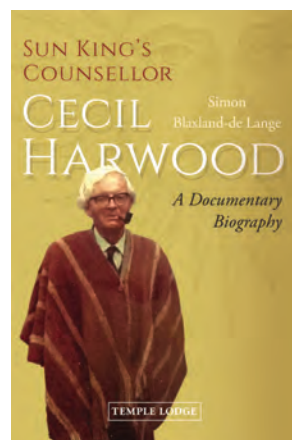
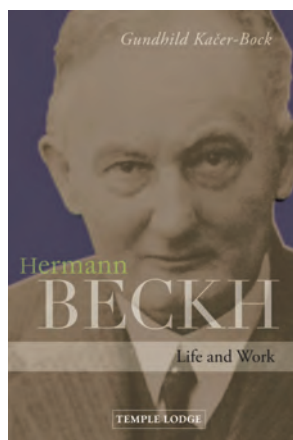
Caroline Chanter

Foreword by Peter Selg

The life and work of Gerard Wagner (1906–1999) were closely aligned to the artistic spiritual stream connected with the Goetheanum in Dornach, Switzerland. Wagner was still a youth when he first heard of the Goetheanum and its destruction by fire at New Year 1922/23. In 1926, he made his first visit to Dornach, but his intended week-long stay became a lifelong sojourn of more than 73 years. There, he found an active, striving community with which he felt intimately connected.

This volume features dozens of illustrations and 200+ color plates.

9781855845954 664pp hdbk \$65.00



Hermann Beckh

Life and Work

Gundhild Kačer-Bock

Hermann Beckh (1875–1937) was a co-founder of The Christian Community, a linguist and scholar, fluent in twelve languages, and the author of more than twenty works on Christology, cosmology, and musicology. After studying Law, he channeled his extensive research on Hinduism and Buddhism into a renewal of sacramental Christianity. "Without the Professor," writes his colleague Rudolf Meyer, the beginning of the new movement for religious renewal would be "unthinkable." Gundhild Kačer-Bock (daughter of Emil Bock) creates a lively picture of a unique personality.

This new edition includes Beckh's fairytale "The Story of the Little Squirrel, the Moonlight Princess and the Little Rose" (with color illustrations by Tatjana Schellhase), plus additional appreciations of the author and an illustrative plate section.

9781912230754 274pp pbk \$30.00

Sun King's Counsellor, Cecil Harwood

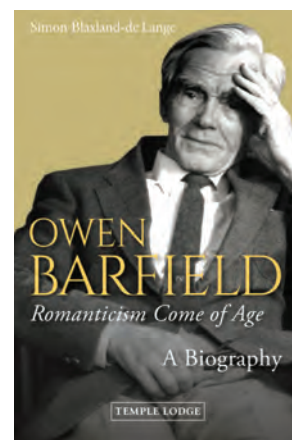
A Documentary Biography

Simon Blaxland-de Lange

Cecil Harwood (1898–1975) was a lecturer, Waldorf teacher, writer, editor, and anthroposophist who pioneered and developed the first Rudolf Steiner (Waldorf) school in the United Kingdom: The New School in London, now Michael Hall School in Sussex. He was also a leader of the Anthroposophical Society in Great Britain for thirty-seven years.

Based on extensive research of primary sources, Simon Blaxland-de Lange's biography reveals the multifaceted, flexible, and sacrificial nature of this unique personality. Cecil Harwood began his career with the hope of becoming a writer. He had neither the intention nor the ambition to become a teacher or head of a national organization, yet he became both an exemplary teacher, a well-respected leader, and a celebrated author, editor, translator, and lecturer.

9781912230716 314pp pbk \$32.00



Owen Barfield, Romanticism Come of Age

A Biography

Simon Blaxland-de Lange

New
Revised
Edition

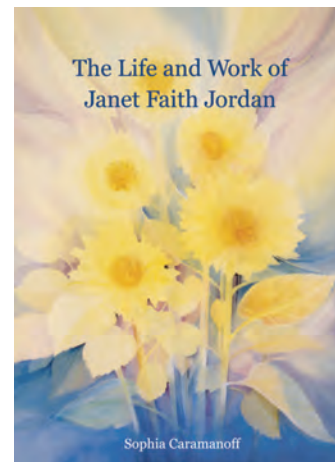
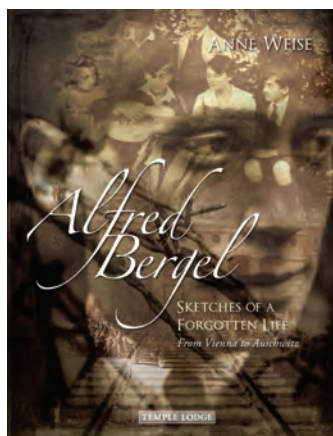
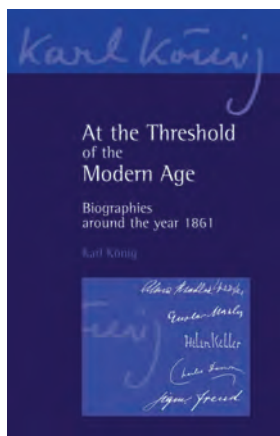
Foreword by Andrew Welburn

Owen Barfield (1898–1997), philosopher, author, poet, and critic, was a founding member of the Inklings, the private Oxford society that also included the leading literary figures C. S. Lewis, J. R. R. Tolkien, and Charles Williams Lewis.

Simon Blaxland-de Lange's biography (the first on Owen Barfield) was written with the cooperation of Barfield himself, who gave numerous interviews to the author and shared many of his papers and manuscripts.

This updated edition features important new material, including Owen Barfield's "Psychography" (1948) and four pages of color plates.

9781912230723 390pp pbk \$35.00



At the Threshold of the Modern Age

Biographies around the Year 1861

Karl König

Karl König explores the personal stories of twenty-nine pioneers whose work and experiences helped shape that era. They include artists and writers, social reformers, philosophers and political activists, and scientists. He considers how they responded as individuals to the challenges of the changing world around them. His insights and conclusions are relevant for us today, as we face our own time of change and upheaval.

The biographies include: Helen Keller (1880–1968), Samuel Hahnemann (1755–1843), Sigmund Freud (1856–1939), Lou Salomé (1861–1937), Gustav Mahler (1860–1911), Charles Darwin (1809–1882), Adolf von Hildebrand (1847–1921), and many more.

9780863158452 400pp pbk \$40.00

Alfred Bergel

Sketches of a Forgotten Life
From Vienna to Auschwitz

Anne Weise

Anne Weise recreates sketches of a lost life—one of the millions of forgotten souls whose lives came to a violent end in the Holocaust. Her focus is Alfred Bergel (1902–1944), an artist and teacher from Vienna who was a close associate of Karl König, who wrote of Bergel in his youthful diaries as his best friend "Fredí."

Weise succeeds in honoring the life of the Jewish artist by lovingly piecing together his biography, based on numerous personal testimonies by friends and contemporaries and supplemented with documents and many dozens of photos and color reproductions of Bergel's artistic works.

Includes 32 pages of color plates.

9781912230846 308pp pbk \$49.95

The Remarkable Story of Paul the Apostle

Siegwart Knijpenga

This unique narrative retelling of the story of Saint Paul is an engaging daily account of life in the first century, as well as a remarkable chronicle of the key events that ultimately laid the foundation for Christianity.

Siegwart Knijpenga describes Paul's childhood—when he was known as Saul—in his father's tent-making workshop, his momentous encounter with Christ on the road to Damascus, and his transformation into Paul the apostle, one of the most significant figures of early Christianity.

The author draws on his extensive experience of sharing religious lessons with young people to retell the story of Saint Paul in a lively and accessible way.

The book is ideal for all readers, aged 10 and up.

9781782507369 160pp pbk \$16.95

The Life and Work of Janet Faith Jordan

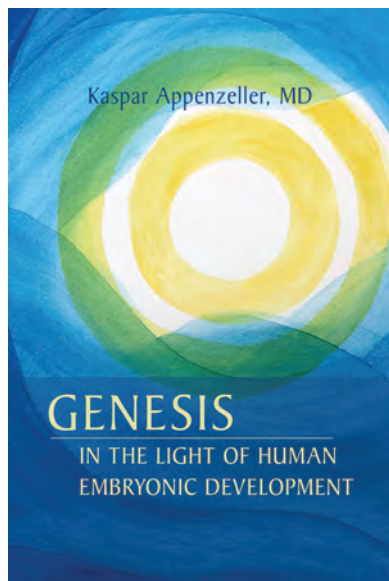
Sophia Caramanoff

Introduction by Marjatta van Boeschoten

This elegant volume explores the artist Janet Jordan's rich biography alongside insights into forty-two of her paintings that depict three themes present throughout her artistic career—Nature, Spirituality, and "The Dream Song of Olaf Åsteson." At the core of her work is the desire to use color to transcend her ego and create a universal soul experience for both herself and the beholder.

Jordan's imagination is brought to life in every page of this finely crafted hardback publication, showcasing the perfect amalgamation of an artistic and personal life worth celebrating. We are encouraged to view Jordan's art with an understanding of the connection between her art and the spiritual world, while also envisioning our own perceptions through visual enjoyment of her images.

9780946206919 112pp 9½ x 13 in. hdbk \$39.95



Genesis in the Light of Human Embryonic Development

Kaspar Appenzeller, MD

"The present work attempts to show how two paths—that of the biblical story of creation and that of human embryonic development—belong together and are basically identical."

—Dr. Kaspar Appenzeller

Dr. Kaspar Appenzeller compares the biblical story of creation to human embryonic development. He leads us through his years of research into the grand imagery in the book of Genesis, relating it to what today's science has to say about the origin of the human body. He reaches the concrete conclusion that the human being is a small cosmos, a microcosm in the vast cosmos, or macrocosm. The original Hebrew language proves to be a true marvel—not just in the meaning but also the individual sounds of the words, which illustrate the realities they describe. We are confronted with the fact that the writer of Genesis touched the true educational impulses of the world and humanity.

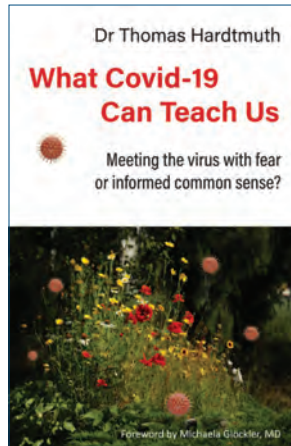
The author based this book on the insights of Rudolf Steiner and penetrated the primal forces of human development in new ways. Steiner was able to understand documents based on ancient mystery wisdom, which confirms the knowledge he gained through independent clairvoyant research without reference to documents.

This well-illustrated study of Genesis and human embryonic development adds to our understanding of both fields. In each word, the ancient text presents prophecies of future human events, just as the embryo appears as a witness to primordial processes of world creation. In clear gestures, Genesis prophecies the Christ event and the path of individuality made possible by that event, while the human embryo guarantees that we are predisposed to bear the spiritual power that came to earth through the event of Christ.

The text is readily accessible to readers who are not familiar with the Book of Genesis or embryology. Rather, Dr. Appenzeller wrote this text for all readers whose hearts desire deeper knowledge of the human being.

Dr. Kaspar Appenzeller (1927–1999) was a Swiss physician in private practice and a school doctor. He was committed to anthroposophic medicine and was especially interested in embryology (as microcosmic genesis), anatomy, and the human heart, whose rhythmic activity—he believed—was far more than a mere mechanism for circulating blood.

9781621482796 336pp pbk \$34.95



What Covid-19 Can Teach Us

Meeting the Virus with Fear or Informed Common Sense?

Thomas Hardtmuth

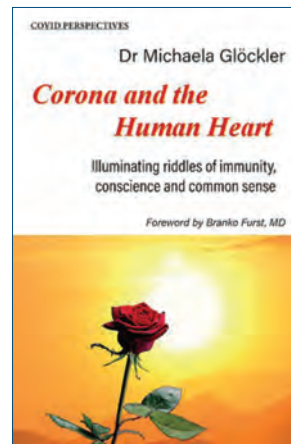
Foreword by Michaela Glöckler, MD

Dr. Hardtmuth tackles issues related to the Corona pandemic. We need to understand thoroughly the significance of viruses—not just as causes of illnesses, but also as a medium, under the right conditions, for building and maintaining health and as a carrier and modifier of genetic information in the service of evolution. The more we view them merely as enemies to be fought, the more we consign and limit ourselves to battleground stations. As Dr. Hardtmuth writes, this is perhaps even more the case for Covid-19.

For generations, we have been deeply influenced by the domination of pathogenic studies of viruses, whereas the most astonishing recent research shows viruses—in their mutability and in their ability to change our DNA—to be essential life forms for maintaining health and allowing human beings to adapt to new situations—and, indeed, to evolve.

Dr. Thomas Hardtmuth, MD, is a freelance writer. He specializes in thoracic surgery, lectures, and leads seminars on medical and anthropological issues. He is the author of several books.

9780952836445 80pp pbk \$12.00



Corona and the Human Heart

Illuminating Riddles of Immunity, Conscience, and Common Sense

Michaela Glöckler, MD

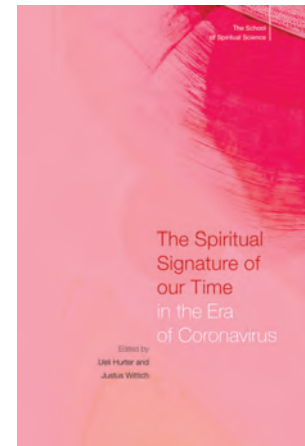
Foreword by Branko Furst, MD

Dr. Glöckler offers fresh perspectives on the role of the human heart in the development of the immune system, from early embryological growth to adulthood, as well as the importance this understanding has for the Covid crisis. The heart is intrinsically involved in the interplay between inner and outer, the dynamic boundary between self and the environment. It is also the center and lifeblood of the human organism.

The book sheds light on how immunity is integrally connected with the heart and the inner sense of self. If we disempower the individual through anxieties and fears or through dependence on outer authority, we reduce the confidence and strength of self. The author shows how strengthening our inner spiritual life will also strengthen our health and immunity and illumine questions of conscience and common sense.

Dr. Michaela Glöckler has been Leader of the Medical Section at the Goetheanum, the School of Spiritual Science in Dornach, Switzerland since 1988. She is the author of numerous books on health and anthroposophic medicine.

9780952836452 92pp pbk \$14.95



The Spiritual Signature of Our Time

In the Era of Coronavirus

Edited by Ueli Hurter and Justus Wittich

The contributors to this book assess critical societal issues in a series of striking lectures. In the context of the continuing Covid-19 pandemic, the speakers address questions such as:

- Are we making a religion out of science?
- How is our behavior mirrored in the ecosystem?
- What effects do inner work and meditation have on the healing powers of the human being?

Offering scientific, artistic, historic and sociological perspectives, the views expressed in this book are based on knowledge and practice in such disciplines as medicine, agriculture, and education. Uppermost in their analyses, however, is the spiritual dimension of human beings. The authors also deal with misrepresentations and misinterpretations of anthroposophy.

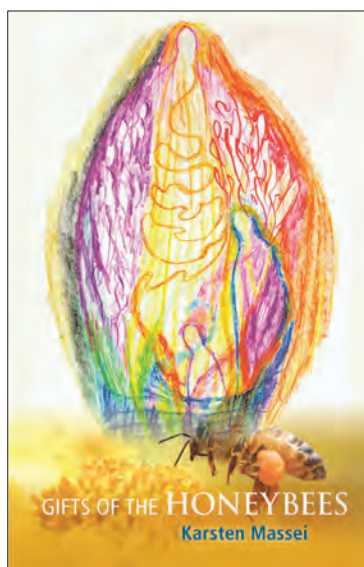
Ueli Hurter is a member of the executive board for the International Biodynamic Association.

Justus Wittich has been a member of the Executive Council of the General Anthroposophical Society since 2012.

9781855845947 210pp pbk \$24.95

Healthy Farming and Gardening

Available
November



Gifts of the Honeybees

Their Connection to Cosmos, Earth, and Humankind

Karsten Massei

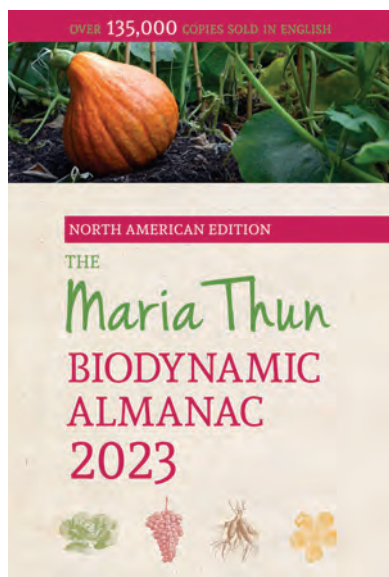
With *Gifts of the Honeybees*, Karsten Massei presents the fruits of years of careful intuitive research into the spiritual and elemental reality of honeybees. With surprising insights throughout, Karsten's sharing of his ongoing dialogue with the inner being of the bees is an important offering to all those who care about honeybees, and humanity.

There has been a great deal of research and speculation about the reasons why bees are dying. The causes are varied, but there is no doubt that all causes ultimately lead back to human activity. Technical and economic development that began in the nineteenth century has increasingly led to dealing with the beings of nature disrespectfully and in a way that is destructive to life on earth. This book is strictly the opposite of such an approach and asks us to finally "wake up" to the spiritual reality of our world and the already evident consequences if we do not.



Karsten Massei is a class teacher in a curative day school. He also offers courses and seminars on the practice of suprasensory perception and leads tours focusing on Earth's landscapes and life spaces. Massei is active with biography and life counseling and supports therapists in their work. He lives in Zürich.

9781621483106 180pp pbk \$22.95



The Maria Thun Biodynamic Almanac 2023

North American Edition

Titia Thun and Friedrich Thun

The Maria Thun Biodynamic Almanac was first published 61 years ago. The North American Edition features dates and times (Eastern Standard Time) most suitable for the U.S., Canada, and northern portions of Mexico. It has an easy-to-follow layout with detailed planting, tending, and harvesting guides to help growers maximize yields and crop vitality. Trusted by generations of farmers and gardeners, this ultimate biodynamic calendar features:

- The clear layout makes it simple to plan what to do and when.
- Space is dedicated to detailed explanations of the recommended activities.
- Information panels make it easy to use.
- Clear headings and sections cut the time needed to find information.
- It is useful for both seasoned and beginning biodynamic farmers and gardeners.
- Solar and lunar events, as well as information on planetary aspects, are provided.

The almanac also includes a pull-out wall chart that can be pinned up in your barn, shed, or greenhouse as a handy quick reference.

Titia Maria Thun and Friedrich Kaspar Walter Thun are third-generation creators of *The Maria Thun Biodynamic Almanac*. They live in Dexbach, Germany.

9781782507949 96pp pbk \$13.95

Biodynamic Preparations Around the World

Insightful Case Studies from Six Continents

Edited by Ueli Hurter

Introduction by Ueli Hurter and Uli Johannes König

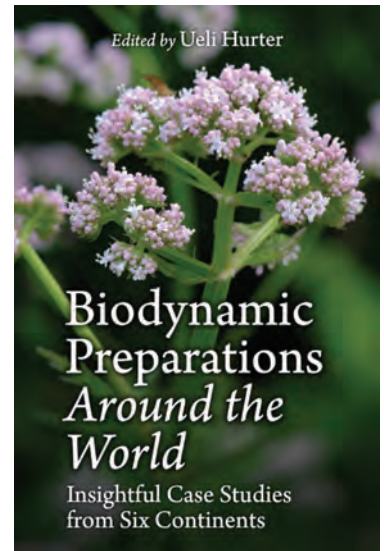
Preface by Wolfgang Stränz

This fascinating book presents the results of a unique study, carried out by the Agricultural Section at the Goetheanum, Switzerland, into how biodynamic preparations are used in fifteen countries, including Egypt, Brazil, New Zealand, India, and across Europe. The detailed case studies explore how the preparations are modified to suit their locations, offering insight into the work of each practitioner and how their understanding evolved through the years.

Contributors include Ueli Hurter, Dr. R. Ingold, Dr. M. Kolar, J. Schönfelder, Dr. A. Sedlmayr, and A. van Leewen.

Biodynamic Preparations Around the World is a valuable reference concerned with the production and application of the preparations around the world. It is an inspiring endorsement of how biodynamic principles hold true in a wide variety of environments.

9781782506140 336pp pbk \$30.00



Designing Regenerative Food Systems

And Why We Need Them Now

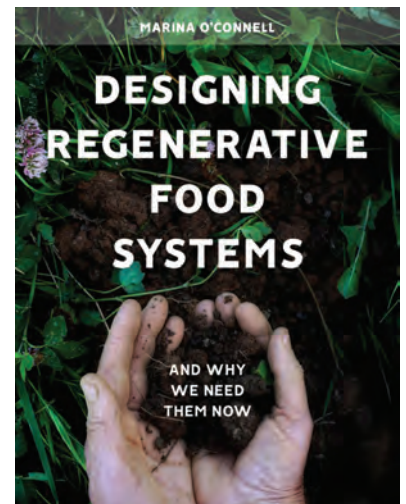
Marina O'Connell

This book offers a unique toolkit for designing regenerative food-growing systems through tried and tested agroecological methods for transforming industrial food growing into a resilient agricultural revolution. This is a system that grows good food from healthy soil in a low-input, closed-loop system. Marina O'Connell identifies and addresses the four challenges of climate-change, mitigation and adaptation, offsetting biodiversity loss, and producing enough good food for a growing population.

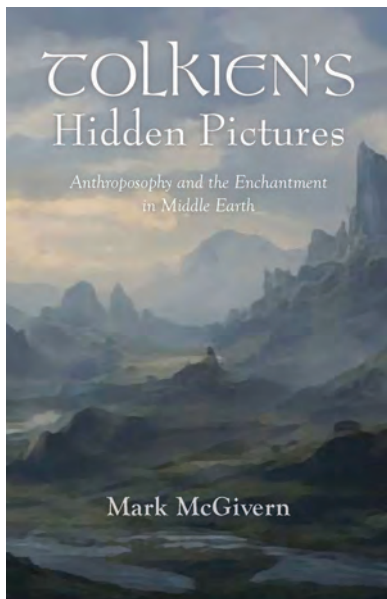
Using the case study of her Huxhams Cross Farm in Devon, England, O'Connell shows how dead soil was transformed into thriving, fertile land while drawing on a toolkit comprising the methods of biodynamics, organic agriculture, agroforestry, regeneration, agroecology, and permaculture. The principles, methods, and techniques of each approach are explained concisely, with illustrative case studies of successful endeavors and follow-up resources such as film references.

Marina O'Connell is a successful grower, farmer, and educator. She is sought out by farmers who ask her to help redesign their farms away from industrial farming, and by farm estates needing help to make a successful transition to resilient food systems by 2030. She and her family have transformed Huxhams Cross Farm in Totnes, Devon, UK.

9781912480548 228pp pbk \$34.95



Available
November



Tolkien's Hidden Pictures

Anthroposophy and the Enchantment in Middle Earth

Mark McGivern

For those who know it and love it, J.R.R Tolkien's *Lord of the Rings* trilogy is not only a seemingly inexhaustible source of wonder, delight, and excitement, it is also a profound tale, relevant to our times and to the vital question: what is it to be a human being?

Why have these books proved so captivating since their publication, discovered anew by each generation?

It's a good story, to be sure, but is there something more there, some deeper aspect, that we recognize or sense, and that speaks directly to something deeper, perhaps hidden, within us?

Many scholars and commentators have asked these or similar questions, and Tolkien scholarship has achieved remarkable insights into his unique use of language, his deep knowledge of the aesthetics of story within the world's heritage of mythic storytelling, and his ability to weave together the exploration of myriad themes in one story.

However, few if any have approached the deeper aspects of Tolkien's work with the spiritual esoteric insights of Rudolf Steiner's anthroposophy as a basis for illuminating their studies. With *Tolkien's Hidden Pictures*, Mark McGivern does this, while also building upon the work of those scholars, such as Verlyn Flieger, whose open-hearted and serious studies, born of love and appreciation for Tolkien's masterpiece, already tend to suggest the depths, "hidden pictures," and lessons for life and human possibilities contained in *The Lord of the Rings*.

Anyone interested in reading more deeply into the pictures, feelings, and forms of Tolkien's *Lord of the Rings* will find an able and illuminating guidebook in this concise, well-written study.

Mark McGivern is an educator, former Waldorf teacher, editor and writer. He is editor of *Perspectives* and a mentor in the Rudolf Steiner College Foundations Program. He lives in Victoria, BC.

9781584208952 144pp pbk \$17.95



ALSO OF INTEREST:



Enchantment

Wonder in Modern Life

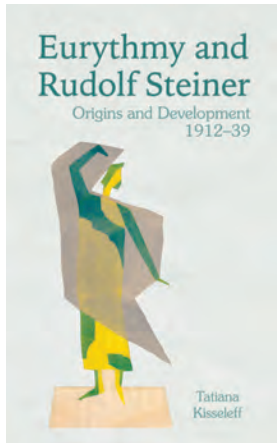
Patrick Curry

Enchantment is a profound human potential. When we experience wonder, awe, or amazement, it is enchantment. Enchantment can reveal profound truths, lead to deeper values, and become central to a life well lived.

This unique book explores how enchantment plays out in a wide range of contexts—in love, art, religion, and learning; in food and drink; and, perhaps most significant, in our relationship with the natural world and others.

Patrick Curry argues that modernist attempts to undermine or dismiss enchantment as a delusion not only misguide, but are also dangerous, possibly leading to disengagement from our world, which could have disastrous consequences for our potential future on Earth.

9781782506096 304pp pbk \$35.00



Eurythmy and Rudolf Steiner

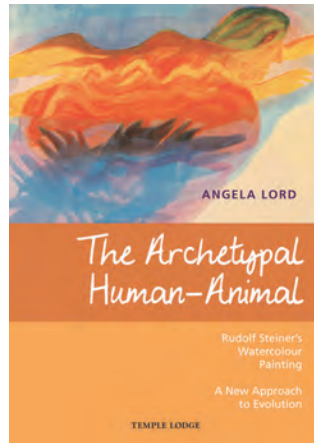
Origins and Development 1912–39

Tatiana Kisseleff

In this remarkable book (available for the first time in English), Tatiana Kisseleff describes the spiritual foundation of eurythmy as explored in Rudolf Steiner's lectures and recounts the instruction she received from him. The book represents both an eyewitness account of the beginnings of eurythmy and the record of a deeply personal journey of Kisseleff's efforts to master it. It is illustrated throughout with photographs, drawings, facsimile reproductions from notebooks, and posters announcing early eurythmy performances, as well as accounts of performances of various pieces performed, including Goethe's *Faust* and Rudolf Steiner's own mystery dramas.

This fascinating account is for eurythmists and anyone who wants to delve into and more deeply understand the history and development of eurythmy.

9781782507383 212pp pbk \$30.00



The Archetypal Human-Animal

Rudolf Steiner's Watercolour Painting

A New Approach to Evolution

Angela Lord

In this original work—illustrated throughout with full-color paintings and images, many by the author—Angela Lord takes us on a journey of discovery toward realizing the meaning of Steiner's painting. With Goethe's theory of metamorphosis in nature, we are introduced to Steiner's ideas of human evolution, from the primal beginnings of the archetypal human-animal on "Ancient Moon."

Lord recounts myths and legends from numerous cultures that speak of human-animal forms and reflects on the meaning of the fish in Christianity. She takes us through a series of color "sequences" for repainting Steiner's human-animal motif.

The book also includes appendices that summarize evolutionary phases of earth and humanity from a spiritual-scientific perspective.

9781912230884 104pp pbk \$38.00



Inferno

A Novel

Mieke Mosmuller

Gerrit, a proud handsome Dutch fifty-five-year-old, who has made something of himself, meets the twenty-five-year-old Italian doctor Beato, who manages to cause his whole carefully constructed façade to come tumbling down. *Inferno* tells the story of how inner balance can destroy evil.

Good cannot combat evil with evil
because it only has goodness to
work with...

Evil can only be evil as long as it
does not experience any goodness within itself.
Should goodness happen to enter in somehow,
then darkness will begin to love the light
and thereby learn to recognize itself.

9789075240597 312pp pbk \$25.00



An Enchanted Place

Jonathan Stedall

Winnie the Pooh as you've never imagined him—reincarnated as a human being, Bertie; still writing poetry, still fond of honey.

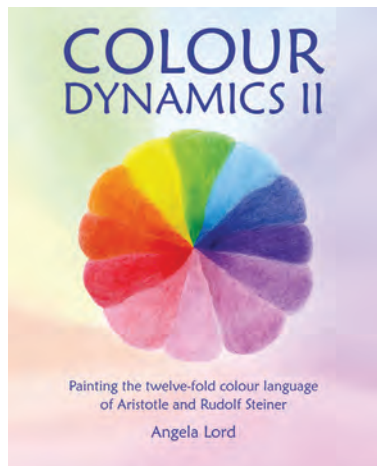
Piglet has become Bertie's timid neighbor Peggy, who sees danger around every corner. Initially intimidated by a newcomer to the village—a flamboyant actor known as Bouncer—might she eventually find him to be someone in whom she can confide?

Bouncer lodges with Sheila, a single mom from Australia with an obsessive devotion to her small son Joey and with a tendency to call a wallaby a "bloody wallaby."

None of them, however, are remotely aware of their "past lives," not even the learned professor who lives alone at The Cedars and chairs the local History Society.

As a BAFTA-winning filmmaker, Jonathan Stedall writes from deep awareness of our interconnectedness with nature and the world.

9781912480463 112pp hdbk \$24.95



Colour Dynamics II

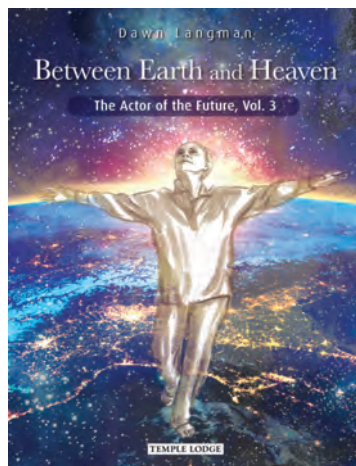
Painting the Twelve-fold Colour Language of Aristotle and Rudolf Steiner

Angela Lord

This volume is based on the "world alphabet" of Aristotle's categories, which was extended by Rudolf Steiner. Angela Lord offers a vivid approach to color theory that renews the way we see, experience, and interpret the formative forces of color. We are able to paint from the heart of each color.

Colour Dynamics II is a useful resource for art students, painters, teachers, art therapists, and every kind of designer. It enlivens Aristotle's invitation to "delight in the senses" through renewed aesthetics while refreshing the soul as a counter to the virtual world of digital screens.

9781912480470 112pp 8 x 10 in. hdbk \$55.00



Between Earth and Heaven

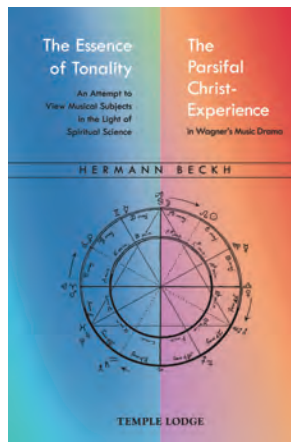
The Actor of the Future, vol. 3

Dawn Langman

Dawn Langman continues to explore the integration of Steiner's research into speech, drama, and eurythmy with Michael Chekhov's acting methodology. Her advanced applications of all the basic processes allow the art of the actor and speaker to evolve beyond the "soul and body" paradigm—still broadly accepted in contemporary culture—to include dimensions of the spirit.

The book contains a seminal analysis of comedy and tragedy, showing how an understanding of their esoteric roots—sprung from the Eleusis mysteries of ancient Greece—can deepen our appreciation and our ability to implement the practical suggestions by Steiner and Chekhov to differentiate the fundamental styles. A comprehensive exploration of the vowels in relation to planetary beings lays the foundation for many layers of artistic deepening and application.

9781912230822 384pp 7½ x 9½ in. pbk \$45.00



The Essence of Tonality

An Attempt to View Musical Subjects in the Light of Spiritual Science

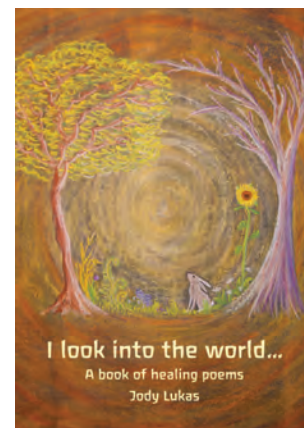
The Parsifal Christ-Experience

In Wagner's Music Drama

Hermann Beckh

The unique scholarship and artistic sensitivity of Prof. Hermann Beckh is currently being rediscovered. Beckh was a great linguist, orientalist and Christian priest, as well as an active music-lover who also composed and penned pioneering works on our musical system, which have gained the respect of musicians and musicologists. This volume joins two revised editions of his most popular books.

9781912230891 166pp pbk \$24.95



I Look into the World...

A Book of Healing Poems

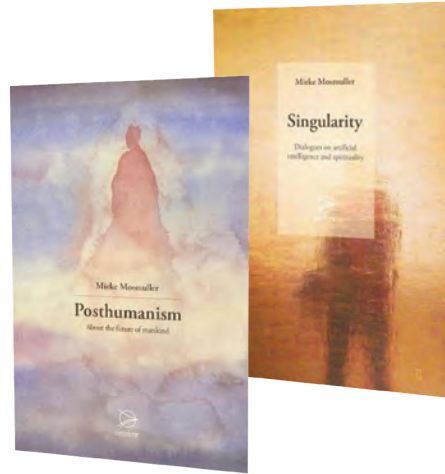
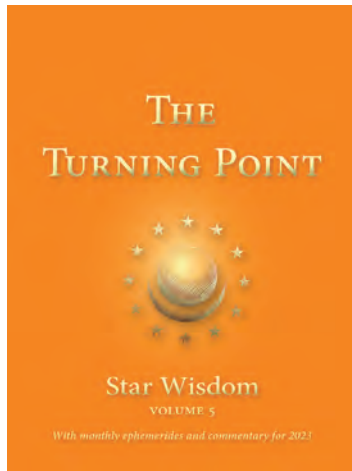
Jody Lukas

The varying subjects explored in this collection can be assigned as healing verses for individuals, used to enhance topic teaching, or simply read for pleasure by children and adults alike.

The first six chapters focus on specially selected themes that serve as a valuable tool for encouraging personal development and environmental consciousness, while also connecting to the rich and developmentally relevant curriculum. The poems were originally written as birthday verses, designed to strengthen and harmonize the child's capacities and act as guidance through the year. For the younger ages these themes are drawn from the World of Work, the Animal, Plant and Mineral Kingdoms, and for older children Historical Figures and Human Ideals.

9780946206858 142pp pbk \$17.95

Spiritual & Natural Sciences



The Turning Point

Star Wisdom, vol. 5

Edited by Joel Park

Available
November

According to Rudolf Steiner, each step taken by Christ during his ministry, from the Baptism in the Jordan to his Resurrection, was in harmony with, and an expression of, the cosmos.

This edition of *Star Wisdom* focuses on the year 2023 as the 100-year commemoration of Rudolf Steiner laying the Foundation Stone Meditation at the founding of the General Anthroposophical Society during the Christmas Conference in 1923—a “tuning point of time.”

Additionally, this edition looks to the year 2023 in the light of its potential for being a turning point in today's cultural crisis, as indicated by the position of Neptune on the cusp of Aquarius and Pisces. This volume also features articles by Robert Powell, Joel Park, Krisztina Cseri, and Natalia Haarahlitunen.

9781584208938 200pp pbk \$25.00

Posthumanism

About the Future of Mankind

Mieke Mosmuller

"These transhumanists are not prepared to delve into the meaning and significance of the physical body itself. They simply want to get rid of it, having distilled from it what is most important to them: an algorithm based on computer science, which also contains certain creativity, as we know it in gaming. You have to be content with that creativity, further developed, of course. You then have to be happy with the unprecedented computing capacity as a basis for intelligence. Those future machine people, who will be something completely different from robots, will then take the place of biological humans."

In the form of lectures and conversations, this book shows a spiritual vision of the future that is not science fiction.

9789075240627 240pp pbk \$23.00

Singularity

Dialogues on Artificial Intelligence and Spirituality

Mieke Mosmuller

"But there could come a time when the cloud of information could spread out over the whole cosmos at a greater speed than light can, and even radiate through the black holes to outside cosmic areas—that is to say, areas we cannot know yet."

9789075240603 208pp pbk \$29.95

Wonders of Development in Plants, People, and Projects

Rudolf Steiner's Watercolor Painting:
A New Approach to Evolution

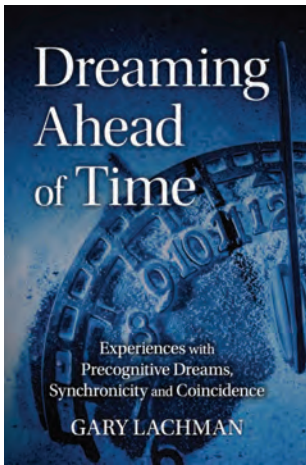
Jan Diek van Mansvelt

Drawing on his lifelong experience in regenerative agriculture, education, and planning, the Jan Diek van Mansvelt guides us in detailed observations that can awaken a deep sense of wonder at the creative lawfulness underlying all development. He shows us how exact observation of plants can lead to a more inward contemplation of the formative gestures that manifest in their growth and metamorphosis—gestures that can also be discerned in the phases of human development and in the step-wise realization of our plans and projects. Through this enlivened contemplative activity, our thinking is transformed and gradually becomes not only attuned to, but capable of consciously participating in, and working with, the creative forces that give rise to developmental processes.

When we focus our attention on the rhythms of life we can gain a new awareness of our deep, intrinsic kinship with nature, an enthusiasm for the further development of our capacities, and a sense of responsibility for what we contribute out of these abilities to the future development of society and nature.

9780932776662 128pp 9½ x 7 in. hbk \$30.00

Spirit in Human Life



Dreaming Ahead of Time

Experiences with Precognitive Dreams, Synchronicity and Coincidence

Gary Lachman

Renowned esoteric writer Gary Lachman has been recording his own precognitive dreams for forty years. In this unique and intriguing book, Lachman recounts the discovery that he dreams "ahead of time" and asserts convincingly that, in fact, we all share this extraordinary ability.

Dreaming Ahead of Time is a personal exploration of precognition, synchronicity, and coincidence, drawing on the work of thinkers such as J. W. Dunne, J. B. Priestly, and C. G. Jung. Lachman's description and analysis of his own experience introduces readers to the uncanny power of our dreaming minds, revealing the illusion of our careful distinctions between past, present, and future.

Gary Lachman is a full-time writer with more than a dozen books to his name on topics ranging from the evolution of consciousness and the Western esoteric tradition to literature and suicide and the history of popular culture. In addition to his books, Lachman writes frequently for journals in the U.S. and UK and lectures internationally on his work.

9781782507864 208pp pbk \$29.95



Travels on the Northern Path of Initiation

Vidar and Baldur, the Three Elemental Realms and the Inner and Outer Etheric Worlds

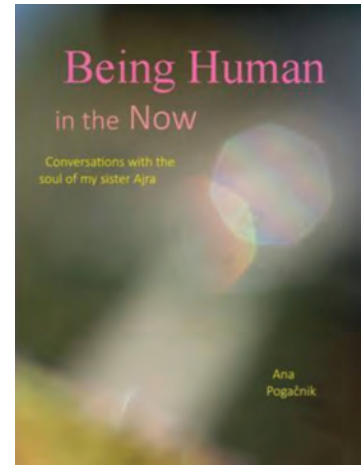
Are Thoresen

The author shares the results of his latest spiritual investigations, including a moving, life-changing encounter with "the Light of the World." He details the teachings he receives from the beings Vidar and Baldur, who stand as guardians to the threshold of the outer etheric world, and he characterizes the Northern way of initiation, based on merging, or "fading," into nature.

Are Thoresen documents Rudolf Steiner's descriptions of this path and shows how it is reflected in the Old Norse *Poetic Edda*, in the *Kalevala*, and in von Eschenbach's *Parzival*. Based on painstaking research, Thoresen describes the individual qualities of the three elemental realms and how the adversarial forces—seeking to corrupt human senses—hinder spiritual observation of them.

Are Thoresen studied anthroposophic medicine, homeopathy, acupuncture, osteopathy, and agriculture, and is a doctor of veterinary medicine. Since 1981, he has operated a private holistic practice in Sandefjord, Norway, for healing small animals and horses, as well as people.

9781912230839 136pp pbk \$24.95



Being Human in the Now

Conversations with the Soul of My Sister Ajra

Ana Pogačnik

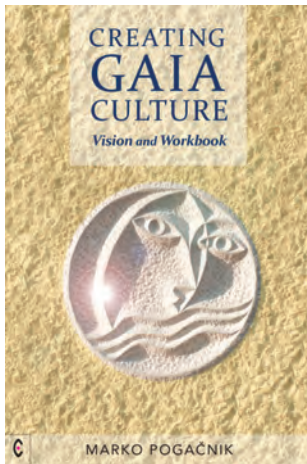
Two sisters, closely connected, both active on the spiritual path, both with the ability to translate the spiritual world into words...and then one of them dies.

Ten years later they explore a new connection, and through the conversation that follows we gain new visions into what it means to be human. The insights into the afterlife show us how helpful it is when we finally include this part of the soul's path in our view of life. Departed souls are eager to work more closely with incarnated human beings on present and future challenges, with the interactions bringing potential for deep healing and fertilization—in both directions.

The insights that Ajra offers on the deep significance and potential of love as a source of strength and growth for our earthly incarnations are inspiring, as are her descriptions of the Earth's potential for development as a spiritually radiating living being with which we can learn to interact.

Ana Pogačnik, MD, born in Slovenia in 1973, is an author, archaeologist, and pianist living in Munich. She conducts educational programs and collaborates frequently with her father, Marko Pogačnik, at earth-healing projects throughout the world. She has written several books.

9780952836469 120pp pbk \$16.95



Creating Gaia Culture

Vision and Workbook

Marko Pogačnik

Amid our distressing worldwide ecological crises, the author offers fresh hope. Having worked intensively in the fields of holistic ecology (geomancy) and Earth-healing for four decades, he now formulates a vision of a culture based on co-creation with Gaia (Earth), her elemental worlds, and beings from parallel evolutions.

Pogačnik allows us to look into the primeval source of the future by interpreting the ancient book of the biblical Apocalypse—a text that holds the secret of Earth changes in a coded vision of a new human civilization—and uses his experiences, visions, dream stories, and communications with beings from parallel worlds to trigger pictures that can help a new human culture to become a tactile reality.

Creating Gaia Culture is a workbook, too, featuring dozens of drawings and meditative exercises to help transcend mental obstacles by cultivating the quality of living imagination.

Marko Pogačnik is UNESCO Artist for Peace 2016 to 2018. He was born in 1944 in Kranj, Slovenia, and trained as a sculptor at the Academy of Fine Arts in Ljubljana. He works worldwide to promote multidimensional ways to approach the Earth and its beings, developing methods of ecological healing such as "lithopuncture." He has written numerous books.

9781912992324 226pp pbk \$22.95



Small Steps to Less Waste

Stories to Inspire Change

Claudi Williams

Photos by Trudie Ballantyne & Amy Harvey

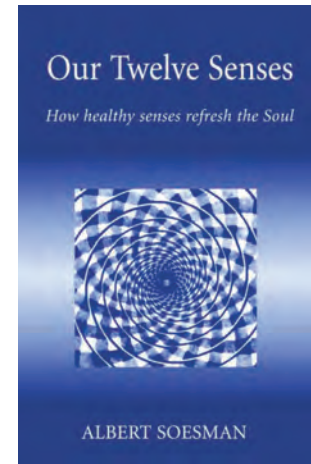
What are the tipping points that encourage people to make significant changes to their behavior? *Small Steps to Less Waste* includes ten stories of personal enlightenment and the practical changes made. The book offers simple alternatives to mass-produced, store-bought, packaged goods. People of all ages can develop the skills and courage to make, create, repair, and look after what they have instead of always buying new.

Each chapter suggests practical changes, recipes, and methods. The reader is introduced to the idea of making things they've probably never even thought of making before (for example toothpaste or lip salve). This can be a revelation and help people feel they have more control.

Readers will read about the journey of each maker and what led to changes in perspective and actions. Included are tips on how to change our behavior—saving money, cutting waste and reducing consumption, and repairing, reusing, and recycling—while explaining why.

Claudi Williams has been interviewed on radio programs and quoted as an example to be followed. Now others are joining the fight to be more sustainable in everyday life and changing in ways that make a difference.

9781912480296 96pp 7¼ x 10 in.
pbk \$30.00



Our Twelve Senses

How Healthy Senses Refresh the Soul

Albert Soesman

Introduction by Cheryl Sanders

Sensory overload can leave us feeling empty, and even thirsting for increased stimulation. *Our Twelve Senses* shows us a more balanced, health-giving way of experiencing and understanding our human senses.

The author starts by appreciating the rich tapestry of not just five, but twelve senses. These are the senses of touch, life, self-movement, balance, smell, taste, vision, temperature, hearing, language, the conceptual and the ego senses.

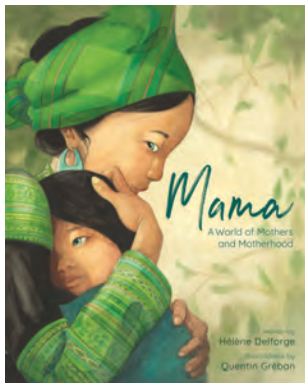
This imaginative exploration into living with soul is based of Rudolf Steiner's research into the senses, and offers a lucid introduction to spiritual psychology.

Albert Soesman (1914–2007) worked as a general practitioner and anthroposophic doctor in The Hague from 1943 to 1983. A gifted speaker, he also taught popular classes in the field of anthroposophy, human biology, and Goethe's works.

9781869890759 180pp pbk \$22.00

BACK
IN
PRINT

New for the Family



Mama

A World of Mothers and Motherhood

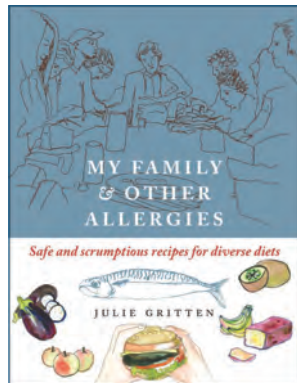
Hélène Delforge & Quentin Gréban

This is a stunning collection of vivid portraits and intimate reflections on motherhood from around the globe. *Mama* uniquely portrays the emotions and experiences that unite mothers from different times and from diverse cultures.

Twenty-one striking watercolor portraits and lively pencil sketches by acclaimed artist Quentin Gréban are paired with Hélène Delforge's lyrical words to create a thought-provoking celebration of motherhood in all its complexity: the satisfaction and the sadness, the frustration and the fun—and, always, the love.

This moving and joyful book is a perfect gift for mamas and their families everywhere.

9781782507710 50pp 9½ x 11¾ in. pbk \$19.95



My Family and Other Allergies

Safe and Scrumptious Recipes for Diverse Diets

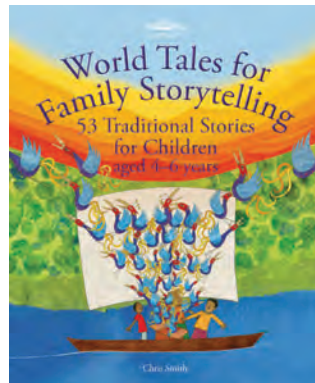
Julie Gritten

The author offers us a hopeful and humorous book that looks forward to times when extended families wish to eat together, whether for special occasions or every day.

Everyone has a different eating habit, but sometimes it becomes awkward when cooking for those you care about. The number of people who suffer food intolerance or various allergies has multiplied during recent years, with gluten sensitivity and celiac disease increasing in particular. Vegetarianism and veganism have also grown steadily, and today many choose to eat only local, sustainable, organic, or raw foods.

Most important, *My Family and Other Allergies* offers recipes along with suggestions for putting it all together in a nonjudgmental and harmonious way. After all, everyone loves to eat good food!

9781912480531 144pp 7½ x 9½ in. pbk \$24.95



World Tales for Family Storytelling

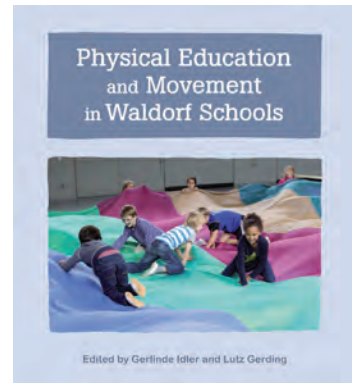
53 Traditional Stories for Children Aged 4–6 Years

Chris Smith

These wonderful world tales are all selected from the highly acclaimed *147 Traditional Stories for Primary School Children to Retell*, a storytelling resource used by teachers around the globe. In this collection, intended for home use, the focus is on tales for children ages 4 to 6. The stories may be read, told, and retold, and then explored with the whole family. They offer a rich vein of world heritage, giving your family a doorway into the wonderful world of traditional tales.

Storyteller Chris Smith presents traditional oral stories from a variety of historical, cultural, and world sources.

9781912480555 212pp pbk 7¼ x 9 in. \$29.95



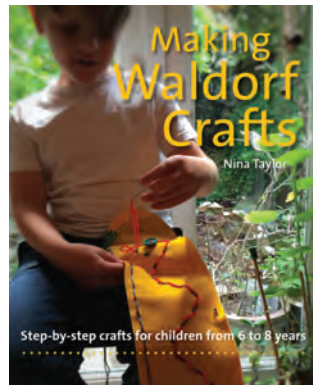
Physical Education and Movement in Waldorf Schools

Edited by Gerlinde Idler & Lutz Gerding

The Waldorf school curriculum was developed to nurture the healthy development of the child, not only in mind but in body and spirit as well. Physical education and movement form an integral part of this holistic approach, encouraging children to be active not just for the sake of activity, but in order to experience themselves through meaningful movement and to form a stronger connection with the world around them.

This indispensable resource for teachers—the most comprehensive of its kind in English—provides a wealth of practical insights on teaching physical education and movement in Waldorf schools.

9781782507147 304pp pbk 8¼ x 9 in. \$40.00



Games Children Play II

Games to Develop Social Skills,
Teamwork, Balance, and Coordination
237 Fun Games for Groups and Families

Kim John Payne, M.Ed. & Cory Waletzko

Kim John Payne and Cory Waletzko's Waldorf and Spatial Dynamics® approach is uniquely focused on how games develop children's spatial awareness, social skills, confidence, and movement in age-appropriate ways. Each game is clearly and simply described, with diagrams and drawings showing how to play.

Included are games for improving graceful movement, cooperation, fairness, and equality for the 7- to 10-year-olds, and for 11- to 12-year-olds, games for strengthening courage, accuracy, and teamwork, plus gentle preparation for sports, as well as games for renewing playground culture and holding a DIY Olympic Games.

9781912480524 264pp 7½ x 9½ in. pbk \$29.95

Making Waldorf Crafts

Step-by-Step Crafts for Children from 6 to 8 Years

Nina Taylor

Foreword by Jill Tina Taplin

"The contents of this book provide a clear and detailed account of how to bring appropriate craft activities to children aged six to eight years old, just at the stage where they feel how the skills that their fingers have are waking up and ready for sustained and productive work. These craft skills and projects will stretch burgeoning capacities and fuel enthusiasm for future crafting adventures." —Jill Tina Taplin

This is a recipe book to guide young people through making things on their own (with a little help from an adult when needed), with lots of pictures to follow and helpful rhymes to help them remember.

9781912480395 128pp 8 x 9½ in. pbk \$24.95

Crafting Magical Window Stars

How to Make Beautiful Paper Stars

Frédérique Guéret

Learn how to make magical window stars from colored tissue paper, using special paper-folding techniques.

Crafting Magical Window Stars includes step-by-step instructions, easy-to-follow diagrams, and inspiring color photographs for making twenty-five beautiful window stars, suitable for all seasons. From easy patterns for beginners to more complex designs, each project is assessed for difficulty, allowing one to gradually and confidently develop paper-folding skills.

Perfect for crafting at any time of the year, some projects such as the wintry Frost Flower star and the springtime Daisy star are great for marking the change of seasons.

These dazzling tissue-paper transparencies will brighten your home or school windows throughout the year.

9781782507796 120pp 7½ x 8¼ in. pbk \$19.95

Making Fairy Folk

30 Magical Needle Felted Characters

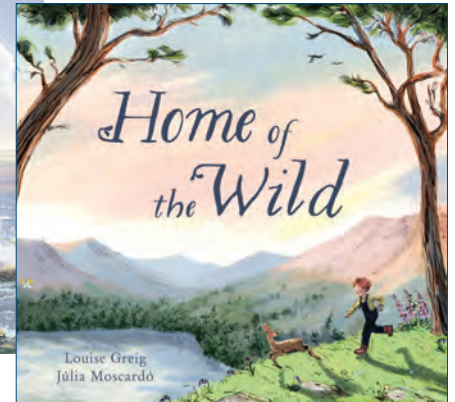
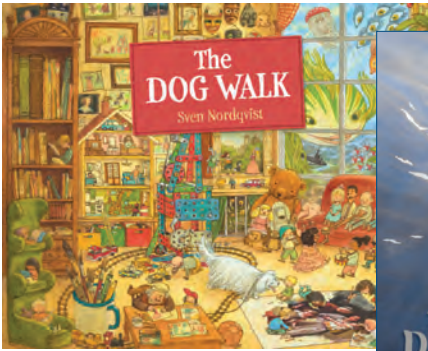
Steffi Stern

Making Fairy Folk is the latest book by Steffi Stern, introducing readers to 30 magical characters to make, from fairies and sprites to gnomes and wildlife. With fabulously engaging photographs throughout, hand-drawn illustrations and clear instructions make the book engaging and accessible, showing each stage of the 30 individual projects. Needle felting is one of the fastest-growing crafts in the UK.

Steffi Stern's other bestselling books with Hawthorn Press are *Making Needle Felted Animals* (2015), *Making Simple Needle Felts* (2019), and *Making Soft Dolls* (2020).

9781912480517 176pp 8 x 9½ in. pbk \$24.95

New for Children



The Dog Walk

Sven Nordqvist

It's time for Grandma's dog to go for a walk. The eager pooch tugs the boy's hand, excited to get going. But where will they end up?

This is a dog walk like no other—through amazing fairytale worlds, paintings come to life, Escher-inspired castles, an intricately cluttered antique shop, and past countless delights: walking teapots, miniature steamboats, giant hedgehogs, and islands with sails.

This fantastical story of a dog and a boy is told simply through weird, whimsical and often hilarious illustrations. Children will pore over each page, delighting in the incredible details. Each reading will bring fresh discoveries and new twists to the tale.

Sven Nordqvist—the beloved Swedish children's author and illustrator of the Findus and Pettson books—unleashes his endlessly inventive talent in this funny and satisfying wordless book. Walking the dog will never feel the same again. (Ages 3 to 7 years)

9781782507437 32pp 11¾ x 9½ in. hdbk \$19.95

Dreams of Near and Far

Martin Widmark

Illustrated by Emilia Dziubak

Noah and Mia live far, far away from each other, but look out upon the same great sea. In the evening, Noah and his dog Gus watch the sun softly slip beneath the waves; in the morning, Mia and her cat Olive watch from the cliffs as it rises.

When Gus dies, Noah is heartbroken. In his dreams he searches for his loyal friend, but instead finds only an unfamiliar black cat. Mia dreams too: of a life better than the one she has now, and of a place to call home. When Olive leads her down an unknown path, Mia begins an epic journey which takes her somewhere she never expected.

Will Mia and Noah find all they've dreamed of?

(Ages 4 to 7 years)

9781782507406 36pp hdbk 8½ x 11 in. \$17.95

The Depth of the Lake and the Height of the Sky

Kim Jihyun

It's summertime and a boy and his dog are leaving behind their apartment in the busy city. From the window, the curious boy sees a path leading enticingly into the forest. He can't wait to explore.

At each bend in the trail the boy discovers more wonders of the surrounding natural world, from towering trees to a still, silent lake. He can't resist diving down, down into the cool water and greeting the fish below. Then later, they wander back, contentedly, to their family. But before they go to sleep, nature gives them one last dazzling show: they look up, up to a night sky awash with stars.

Without a word, Kim Jihyun cleverly tells the heartfelt and uplifting story of a child's independent discovery of the natural world.

(Ages 4 to 7 years)

9781782507420 48pp 9 x 12¾ in. hdbk \$17.95

Home of the Wild

Louise Greig

Illustrated by Júlia Moscardó

In the quiet dawn of the spring forest a boy finds an orphan fawn, hungry and alone. He carefully carries her home, caring for her while she grows strong. The boy and the fawn become inseparable. Together they spend long summer days running through the glen, leaping over the heather, and lying in the dappled sunlight. But the young deer is a wild thing and soon she is ready to discover a home of her own.

The boy misses his friend and worries for her when a big storm threatens. Can the boy and the fawn find each other again? Are some bonds stronger than goodbye?

Lyrical and atmospheric, this beautiful picture book is an uplifting story of belonging and the enduring connection between humans and nature, as well as a tender lesson about learning when to let go of those you love. (Ages 4 to 7 years)

9781782507130 32pp hdbk 10½ x 9¾ in. \$17.95



Olwen Finds Her Wings

Nora Surojegin

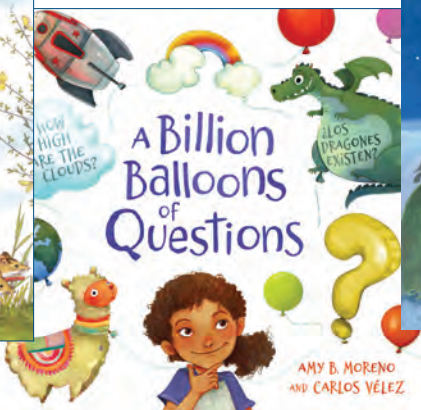
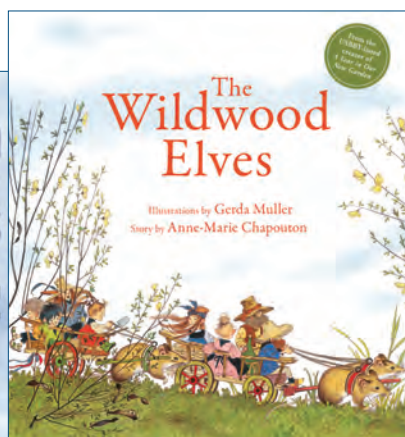
Illustrated by Pirkko-Liisa Surojegin

Olwen the baby owl is not happy. Sitting on her branch is boring. What else can little owls do?

Olwen longs to be just like hare, squirrel, and bear, but no matter how hard she tries she cannot hop, scamper, or roar. That's not what owls do. But the little owl soon discovers that she might be able to do something just as wonderful. Can Olwen find her wings and soar?

This sweet, charming picture book sensitively explores the longing to be different and celebrates embracing what makes each of us special. With expressive, intricate illustrations and a lively story, mother and daughter team Nora and Pirkko-Liisa Surojegin have created a loveable picture book full of heart. *(Ages 3 to 6 years)*

9781782507123 40pp 9½ x 11¼ in. hdbk \$17.50



The Wildwood Elves

Anne-Marie Chapouton

Illustrated by Gerda Muller

Deep in the forest, the Wildwood elves live happily in their little village, making pottery, chopping wood, and growing vegetables. But when a friendly seagull makes a flying visit, they are astonished to hear of a mysterious thing called "the sea" ... and so begins a wonderful seaside adventure.

Charmingly written by popular French children's author Anne-Marie Chapouton, and full of lively and characterful illustrations by world-renowned Gerda Muller, this classic tale is available in English for the first time.

Children will be enchanted by the hidden world of the mischievous, adventurous, and curious Wildwood elves while their grown-ups will love the vintage artwork inspired by folklore and bursting with details of the natural world. *(Ages 3 to 6 years)*

9781782507468 32pp 9¼ x 10 in. hdbk \$17.95

A Billion Balloons of Questions

Amy B. Moreno

Illustrated by Carlos Véléz

From the moment six-year-old Eva wakes up, her day is full of questions. Her Peruvian Papá says she has billions of questions, but really Eva has balloons full of questions that she carries around until she can find the answers.

This funny, heartwarming story by Scottish author Amy Moreno inventively captures the joy and busyness of young children's minds and encourages families to ask questions—even when they don't have the answers. Coming from a bilingual family, Amy gives authentic insight into how Eva communicates, with a lively story in English and Spanish. Mexican illustrator Carlos Véléz's wonderfully vivid artwork is full of warmth and humor. *(Ages 4 to 7 years)*

9781782507765 28pp 9¾ x 10¾ in. hdbk \$17.95



And This Is How Christmas Came ...

Stories for Advent and Christmas

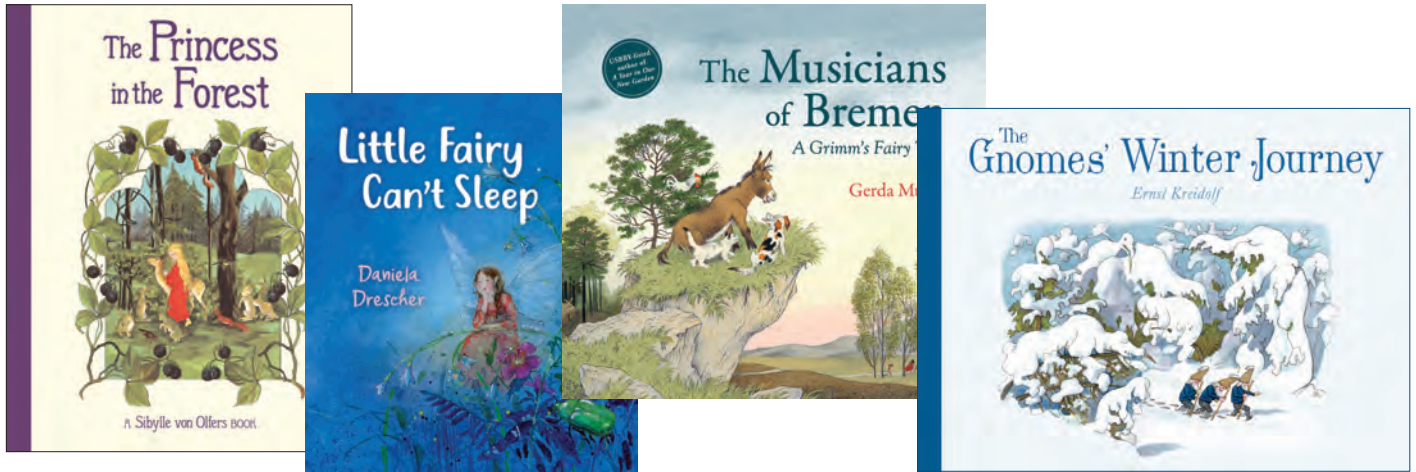
Georg Dreißig

During the time of Advent and Christmas, the world often appears to be much more peaceful. However, now and again, shortly before Christmas Eve, there are all kinds of problems to be solved. Little Francesca is suddenly worried with the question of how old the Jesus Child actually is. In an orphanage, a foundling takes care to see that nothing continues as it was. The animals that guard the spring containing the water of life are very worried, because the spring threatens to dry up, and in Rályi's and Bolyó's family, it really looks as though Christmas might never come this year.

Yet time and again the children, the adults and the animals are helped in a wonderful way, so that all the questions are answered and difficult situations mastered—and that this year, too, there will be a Christmas to celebrate. *(19 Christmas stories for all ages)*

9780946206902 188pp 6½ x 9 in. pbk \$22.95

New Editions of Children's Favorites



The Princess in the Forest

Sibylle von Olfers

"In the heart of the forest, a princess lived in her rose-covered castle. Every morning, she woke and looked out of her window at the beautiful sunrise. She watched the dew children come dancing merrily through the trees."

The kind dew children help the princess to get dressed and the helpful moss children bring her a delicious forest breakfast. Then after her lessons, the princess goes deeper into the forest to play with her animal friends and to tell stories to the little mushroom children. When it is dark, the shining star children light her way home.

This wonderful new edition of *The Princess in the Forest* faithfully reproduces Olfers' classic illustrations in a collectable picture book featuring a hand-crafted design, premium-quality paper, and a luxurious cloth spine. (Ages 3 to 7 years)

9781782507581 28pp 8¼ x 11 in. hdbk \$18.95

Little Fairy Can't Sleep

Daniela Drescher

It's a warm summer's night and Faith can't get to sleep. The curious little fairy feels magic is in the air and flies off to see who else is still awake.

Faith comes across a mother fox and her restless cubs, an elf family wide-awake in their tree root house, and the sandman collecting extra magic dust – no one can sleep tonight. But why? Finally, a moth prince leads the little fairy to a wonderful Midsummer Night's party and she discovers where the night-time magic has come from. Later on, tired from a night of dancing, Faith falls fast asleep.

This magical, dreamlike picture book from bestselling international illustrator Daniela Drescher will enchant and gently soothe the young readers, making it perfect bedtime reading.

(Ages 3 to 7 years)

9781782507673 24pp 9½ x 10 in. hdbk \$17.95

The Musicians of Bremen

A Grimm's Fairy Tale

Gerda Muller

Four unlikely companions—a donkey, a dog, a cat, and a rooster—set off on an adventure to become musicians in the town of Bremen.

When night falls and they're cold and hungry, the friends find a cabin in the forest where they could rest and eat—if it wasn't home to a band of robbers! Can the animals work together and use their musical voices to chase the thieves away?

Children will love braying along with the donkey, barking with the dog, purring with the cat, and crowing with the rooster as the animals discover just what they can do when they work as a team.

This is a beautifully illustrated edition of the classic Grimm's fairytale about rediscovering your worth and finding a new home. The story is humorously re-imagined by renowned author and illustrator Gerda Muller. (Ages 4 to 7 years)

9781782507925 32pp hdbk 11½ x 10¾ in. \$18.95

The Gnomes' Winter Journey

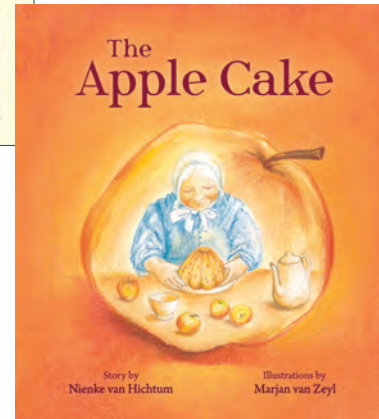
Ernst Kreidolf

It's the first snow of winter and the forest gnomes set off to visit their mountain cousins to celebrate the coming of the Winter Queen. On their cold journey the gnomes get help from dancing snow fairies, and a sledge pulled by friendly squirrels.

When the forest gnomes finally arrive at their cousins' icy home, there's much fun to be had – snowball fights, tobogganing, and a delicious feast with the elegant Winter Queen.

This is a gorgeous new edition of the classic and enchanting winter story first published in 1924. Swiss artist Ernst Kreidolf's delightful illustrations of magical little folk are reminiscent of Elsa Beskow and Sibylle von Olfers. (Ages 4 to 7 years)

9781782508182 32pp hdbk 11 x 8 in. \$18.95



The Story of the Root Children

Mini Edition

Sibylle von Olfers

"Under the ground, deep in the earth among the roots of the trees, the little root children were fast asleep all winter long..."

When spring comes, it's time for the root children—snowdrop, forget-me-not, buttercup, daisy, and poppy—to wake up! There are new dresses to sew, and insects to be painted.

When summer comes, the root children are free to play in the beautiful fields, ponds, and meadows. But when autumn comes and the cold wind starts to blow, it's time to go back to their cozy home below ground.

Sibylle von Olfers' classic story has been loved by generations of children. It's also available in the original, full-sized edition as well as a board book for little hands.

(Ages 3 to 5 years)

9781782507543 28pp 6¾ x 4¾ in. hdbk \$9.95

The Story of the Snow Children

Mini Edition

Sibylle von Olfers

Poppy is watching the snow fall outside her window when she realizes the snowflakes are really snow children, dancing and swirling in the air. They ask Poppy to join them and whisk her away to the Snow Queen's wintery kingdom.

In the sparkling ice palace, she enjoys a feast served by snowmen and dances merrily with the snow princess. And when she is tired and homesick, the Snow Queen sends Poppy safely home to her mother on a silver sleigh pulled by snow bears.

This wonderful mini gift edition faithfully reproduces Sibylle von Olfers' classic illustrations. *The Story of the Snow Children* is also available in the original, full-sized edition

(Ages 2 to 5 years)

9781782507680 32pp 6¾ x 4¾ in. hdbk \$9.95

The Story of the Wind Children

Sibylle von Olfers

"Cupping her hands together, Willow blew at George's boats. A few leaves floated gently off the tree. She blew again. This time a lively blast tugged at the sails and the boats were off, racing each other across the blue."

George wants to play with his boats, but there's no breeze to make them sail. Then he meets Willow, one of the lively wind children, who asks George to join her on an adventure. Willow blows dandelions in the meadows, shakes apples from the tree, and plays with the leaf children. Then it's time for George to go home. . .

This new edition faithfully reproduces Sibylle von Olfers' classic illustrations in a collectable picture book featuring a hand-crafted design, premium-quality paper, and a luxurious cloth spine.

(Ages 3 to 5 years)

9781782507550 28pp 11¾ x 8½ in. hdbk \$18.95

The Apple Cake

Nienke van Hichtum

Illustrated by **Marjan van Zeyl**

An old woman wants to bake an apple cake. She has everything she needs, except apples. So, she sets off to market, taking a basket of plums to trade along the way, just in case...

This is a classic story of sharing, trading, and caring. Children will love guessing what the woman will acquire next, and how, and seeing how her journey brings her a full circle as her kindness is repaid.

(Ages 4 to 6 years)

Nienke van Hichtum is the pseudonym of well-known Frisian Dutch children's author Sjoukje Maria Diderika de Boer (1860–1939).

Marjan van Zeyl was born in Amsterdam and has illustrated several books for children, including *Daisy the Hungry Duck* and *Hannah on the Farm*.

9781782507635 24pp 9¼ x 10¾ in. pbk \$17.95

Calendars



Stargazers' Almanac 2023

A Monthly Guide to the Stars and Planets

Bob Mizon

This large-format almanac encourages us to step outside and track the planets, locate the Milky Way, name the constellations, and observe meteor showers. It is designed specifically for naked-eye astronomy—no telescope required! This makes the almanac ideal for novices, children, and backyard astronomers. It has been a popular Christmas gift—one that lasts all year 'round.

Each monthly chart features two views of the night sky, one looking north and one south, with visual guides to moon phases and planetary movements.

Stargazers' Almanac 2023 features: advice on how to navigate the night sky • overhead reference map of the sky • reference plan of constellations • glossaries of constellations, Latin names, and the brightness of stars • guide to the signs of the zodiac and how they relate to the stars • loop and eyelet for hanging on a wall.

Printed on sustainably sourced FSC paper using plant-based inks to reduce chemical emissions and make the almanac easier to recycle, this comprehensive guide is presented in a sturdy cardboard gift envelope.

Stargazers' Almanac 2023 is suitable for astronomy enthusiasts throughout the Northern Hemisphere's temperate (non-tropical) latitudes.

9781782507826 32pp calendar \$25.00



Elsa Beskow Calendar 2023

Elsa Beskow

Elsa Beskow is one of Sweden's best-known authors and illustrators. Her picture books have been loved for more than a century.

This monthly calendar is beautifully illustrated with Elsa Beskow's characteristic seasonal artwork, featuring joyful children and magical little folk. The main UK, U.S. and Swedish public holidays are noted.

The 2023 calendar includes illustrations from *Ollie's Ski Trip*, *Around the Year*, *Pelle's New Suit*, *Princess Sylvie*, *The Flowers' Festival*, *Children of the Forest*, and more—all published in English by Floris

Books and available in the U.S. from SteinerBooks.

Elsa Beskow Calendar 2023 now comes beautifully presented in a sturdy cardboard envelope—no plastic shrink wrap! Our eco-friendly printing processes include the use of sustainable (FSC) paper and plant-based inks, which reduce chemical emissions and make the calendar easier to recycle.

9781782507819 24pp calendar \$17.95



Plato, Prehistorian Myth, Religion, Archeology

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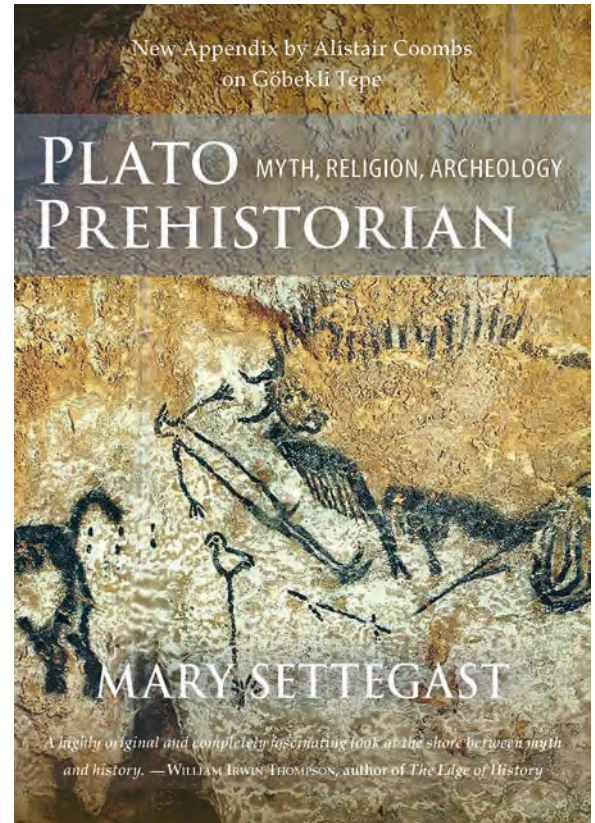
Mary Settegast

This new edition of Mary Settegast's ground-breaking synthesis of classical and archaeological scholarship features a new appendix by Alistair Coombs on the recent excavations at Göbekli Tepe in southeastern Turkey, which have upended the conventional view of the rise of civilization.

In his *Timaeus* and *Critias* dialogues, Plato wrote of two ancient civilizations that flourished more than 9,000 years before his time. Socrates accepted the account as true, and modern archaeological techniques may yet prove him right.

In *Plato, Prehistorian*, Mary Settegast takes us from the cave paintings of Lascaux to the shrines of Çatalhöyük, demonstrating correspondences both to Plato's tale and to the mystery religions of antiquity. She then traces the mid-seventh millennium impulse that revitalized the spiritual life of Çatalhöyük and spread agriculture from Iran to the Greek Peninsula—at precisely the time given by Aristotle for the legendary Persian prophet Zarathustra, for whom the cultivation of the earth was a religious imperative.

9781584208976 360pp pbk \$50.00



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John Anthony West, author of *The Traveler's Key to Ancient Egypt*

MARY SETTEGAST (1934–2020) was an independent American scholar and author, with degrees from the University of California at Berkeley and Columbia University. Her work primarily focused on the study and interpretation of culture and religion from Paleolithic to modern times. Her other publications include *When Zarathustra Spoke: The Reformation of Neolithic Culture and Religion* and *Mona Lisa's Moustache: Making Sense of a Dissolving World*.

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